2015 ST. NORBERT COLLEGE FALL SOFTBALL CLINIC
Grades 3 - 12

SATURDAY, SEPTEMBER 26 (Rain Date: Sunday 9/27)

9:00-10:00am Grades 3-7: Pitching & Catching Fundamentals
10:00-11:00am Grades 3-7: Fielding Fundamentals
11:00am-12:00pm Grades 3-7: Hitting Fundamentals

Pitchers do not need to supply their own catcher. However, for the catching portion of the clinic, we do suggest all catchers supply their own catching gear. (If choose to supply own catcher, no charge for catcher, unless participating in catching clinic.)

12:30-1:30pm Grades 8-12: Hitting Fundamentals
1:30-2:30pm Grades 8-12: Fielding Fundamentals
2:30-3:30pm Grades 8-12: Pitching & Catching Fundamentals

Pitchers do not need to supply their own catcher. However, for the catching portion of the clinic, we do suggest all catchers supply their own catching gear. (If choose to supply own catcher, no charge for catcher, unless participating in catching clinic.)

$20 per session, or $55 for all three. Pre-register by Monday, September 21.

Instruction will emphasize basic softball fundamentals for all levels of play. Pitching clinics will educate athletes on technique to maximize ability, including proper mechanics, ball location, changing speeds, and ways to increase velocity. Catching will focus on receiving, blocking, proper throwing techniques, footwork, and much more. Offensive skills will focus on basic hitting mechanics, bunting, baserunning, and offensive strategy. Defensive skills include proper fielding, footwork, and throwing fundamentals.

Clinics will be held at Miron Construction Softball Field. For directions: www.snc.edu/campusmap. Participants should wear appropriate workout attire, including sliding attire. Bring your glove, bat, and batting gloves if you have them. Learn lots and have fun!

Mail form and entry fee to:
JoAnn Krueger
St. Norbert College Softball
Schuldes Sports Center
100 Grant Street
DePere, WI 54115
(920) 403-4080
joann.krueger@snc.edu
www.snc.edu/athletics/softball

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<thead>
<tr>
<th>Grade School</th>
<th>Pitching &amp; Catching Fundamentals</th>
<th>Fielding Fundamentals</th>
<th>Hitting Fundamentals</th>
<th>ALL THREE SESSIONS</th>
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<tbody>
<tr>
<td>GRADES 3-7:</td>
<td>$20</td>
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<td>GRADES 8-12:</td>
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Total Due $_____

[ ] Check  [ ] Cash

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SNC SOFTBALL CLINIC PERMISSION & MEDICAL RELEASE

I understand and acknowledge that my child may suffer serious injury by participating in the St. Norbert College Softball Clinic. With full knowledge of the risk enumerated, I hereby authorize the clinic coaches, trainers, and athletic staff, in my behalf, to administer emergency medical treatment to attending the above mentioned clinic. This permission extends the right of those enumerated to arrange for medical personnel, and for them to apply any emergency techniques they deem appropriate to treat any injury or illness sustained by my child.

I hereby agree to release, indemnify, and hold harmless St. Norbert College Inc. and the Premonstratensian Fathers, and their officers, directors, staff, members, and agents from damage, or death to my child or her personal property arising from or in connection with the participation of my child in any of the St. Norbert College softball clinics, including damages related to medical care as authorized in this statement. I certify that my child is in good health and is able to participate in this camp without risk to her health. I, the guardian of the registrant, agree that I and the registrant will abide by the rules of the clinic. I have read and fully understand the above statements.

____________________________________________________________________________________
Signature of Legal Guardian Date Signature of Participant Date

Family Doctor_____________________________________ Doctor Phone Number________________________________________

Insurance Co______________________________________ Insurance Policy Number_______________________________________

Known Medical Conditions / Allergies:________________________________________________________________________________

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