

Au Jus

Number of Servings: 4 (60.26 g per serving)

Ingredient	Comments
SNC Beef Base	Contains: Wheat, Soy
Water, tap, municipal	

Nutrition Facts
Serving Size 1/4 Cup (60g)
Servings Per Container

Amount Per Serving

Calories 5 **Calories from Fat 0**

% Daily Value*

Total Fat 0g	0%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 0g	

Vitamin A 0% • Vitamin C 0%
Calcium 0% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories:	2,000	2,500
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300 mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Provided by: St. Norbert College Dining Services using ESHA Food Processor 10.1 software

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