

## Cheddarwurst

Number of Servings: 1 (90.72 g per serving)

Weight: 90.72 g

Amount	Measure	Ingredient	Comments
3.20	oz	Sausage, pork & beef, w/cheddar cheese, smkd	

Nutrition Facts			
Serving Size 1 Sausage (91g)			
Servings Per Container			
Amount Per Serving			
<b>Calories 270</b>		Calories from Fat 210	
% Daily Value*			
<b>Total Fat</b> 23g			<b>35%</b>
Saturated Fat 9g			<b>45%</b>
Trans Fat --g			
<b>Cholesterol</b> 55mg			<b>18%</b>
<b>Sodium</b> 770mg			<b>32%</b>
<b>Total Carbohydrate</b> 2g			<b>1%</b>
Dietary Fiber 0g			<b>0%</b>
Sugars 0g			
<b>Protein</b> 12g			
Vitamin A 0%	•	Vitamin C 0%	
Calcium 6%	•	Iron 4%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
	Fat 9	• Carbohydrate 4	• Protein 4

### Notes:

contains pork, milk, soy