

Pasta Fagioli Soup

Number of Servings: 1 (120 g per serving)

Ingredient	Comments
Pasta Fagioli Soup	Contains:Beef, Egg, Soy, Wheat

Nutrition Facts	
Serving Size (120g)	
Servings Per Container	
Amount Per Serving	
Calories 130	Calories from Fat 20
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0g	0%
Cholesterol 5mg	2%
Sodium 1010mg	42%
Total Carbohydrate 23g	8%
Dietary Fiber 4g	16%
Sugars 5g	
Protein 7g	
Vitamin A 8%	• Vitamin C 2%
Calcium 8%	• Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300 mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Provided by: St. Norbert College Dining Services using ESHA Food Processor 10.1 software

9/4/2007

12:15:38 PM