

Philadelphia

Week 4

Walking Distance: 180 miles

Population: 1.4 million

Pennsylvania's largest city, Philadelphia stands abreast with Boston when it comes to discussing the most historically significant US cities. After all, this is where the "Declaration of Independence" and the Constitution were drafted, revised and signed. Philadelphia is home to many national historical sites that relate to the founding of the United States.

In the past, members of the Philadelphia trip have performed services of manual labor, kitchen work, observed staff presentations and have interacted with the residents of the homeless shelter. Only involving men, brotherhood lies at the heart of this trip, along with bonding and spirituality among the group with the shelter.

Musts while there:

- **Independence Hall-** Independence Hall is where Thomas Jefferson, John Adams, Benjamin Franklin, and their rebellious compatriots approved and announced the Declaration of Independence
- **The Liberty Bell Center-** is a Philadelphia must-see.
- **Hungry?-** The city is known for its hoagies, scrapple, soft pretzels, water ice, Tastykake and is home to the cheese-steak.

T.R.I.P.S. - Be the Change

Work with other SNC men in a men's emergency shelter which offers support for over 300 of the city's most vulnerable homeless. You will also have a chance to be a part of the Norbertine Community in Philadelphia.

Be the Change in our Local Community

Volunteer Destination:

St. John the Evangelist Homeless Shelter

St. John the Evangelist Homeless Shelter (SJEHS) seeks to provide night-to-night temporary emergency shelter to adult men and women. All services and assistance are offered in the context of the furtherance of human dignity with the primary goal of harm reduction during the coldest weather months of the year.

All people have the right to meet their basic human needs for food, clothing, shelter and medical care. SJEHS allows shelter guests an opportunity for engagement with mainstream shelter and housing resources, mental health and healthcare providers and other social service agencies. There are many ways to get involved:

- **Meal Preparation and Serving** - We need people who like to cook for a crowd!
- **Donations** - If you would like to donate money or items to the shelter, please see our web site for our current wish list of items we can use.
- **Inventory Volunteers** - We have a crew of people who meet Monday and Thursday mornings (November - April) to sort and organize the items that are donated to the shelter.
- **Laundry Volunteers** - We need people who can volunteer during the day to run a load or two of laundry. While the machine is running, there are other jobs you can do to help us get ready for opening for the evening.
- **Hospitality Volunteers** - We need people who will spend time at the shelter during the hours of the day it is open. It helps to have 2 or 3 people for each of the three shifts: Morning: 6:00am-9:00am, 1st Evening: 4:45pm-7:30pm, 2nd Evening: 7:30pm-10:00pm.

Please contact the Shelter's Volunteer Coordinator, Mary Ellen, at (920) 436-9344 or email VolCoord@StJohnHomelessShelter.org for more information on how to volunteer at the Shelter. Please visit the Shelter's web site at www.stjohnhomelessshelter.org for more information.