

Zambian Knightly News

Week 4

Lusaka to Ndola

Step It Up

Make a Difference

Zambian Knights



Kabwe

The photo on the left was taken of the Great North Road as we passed through Kabwe. The city formerly known as "Broken Hill" has a population of 250,000. Zambia Railway's headquarters are located here. Pollution has been a problem as a result of the mining of lead and cadmium. These mining operations closed in 1994, but the impact of the mining on the environment and the people of Kabwe continues to be addressed.

This is the Lunsemfwa Wonder Gorge. The viewpoint at Bell Point overlooks the scenic Lunsemfwa and its tributary the Mkushi River and can be reached on a dirt track.



In 1921 a human fossil (a skull) called Broken Hill Man or Rhodesian Man was found in a Kabwe mine. The date for this site based on the associated animal fossils found is *at least* 125,000 years old and may be a member of the African population from which all modern humans descended, although this cannot be definitively proven.



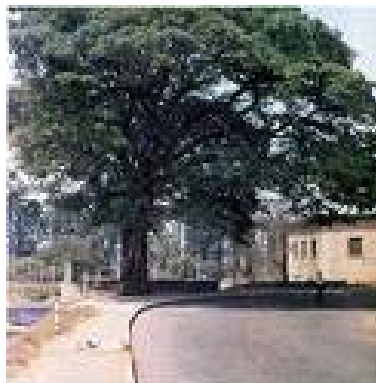
This new ZOCS classroom in Kabwe is furnished with sewing machines. The school also has a new solar powered water pump.

Ndola

Ndola is the second-largest city in Zambia, with a population of 374,757 (2000 census). Ndola is the capital of what is known as the Copperbelt region of Zambia (which is located in the crook of the country bordering DR Congo). Ndola serves as the midway stop between Lusaka and Kitwe.

Ndola's Fast Food

Ndola, surprisingly, has a fast food restaurant called the **Hungry Lion**. Its menu serves as a cross between McDonalds and Kentucky Fried Chicken... but with an African flair. Order Mirinda soft drink instead of the common Fanta for a delicious treat. (Mirinda is owned by PepsiCo and is primarily commercialized outside of North America. Mirinda is available in multiple formulations depending on the taste of individual markets. It competes with Coca-Cola's Fanta and Cadbury-Schweppes, Orange Crush brand, with flavor brands local to individual countries.)



The **Slave Tree** or **Mukuyu** **Slave Tree** around which Arab slave traders held slave markets in the nineteenth century (a mukuyu tree is a kind of fig tree). It has sadly fallen due to "termites".

Ndola features a good-sized grocery market and a variety of places to find souvenirs and other goods. Copper is the main commodity in this region so be prepared to find many items made from it. In the markets you will also find the typical carved animals, jewelry, cloth paintings and wrap skirts which the locals call "chitengi's." Below on the left, you can see the brightly colored "chitengi's" hanging outside on a line. The photo on the right, shows them being worn by the women in a church ceremony.



Where did you stay?

The Savoy Hotel



The Setanga Lodge



Nsobe Game Camp
(located near Ndola)



OR

OR

Make a Difference by Volunteering Your Time

"FAMILY AND CHILDCARE RESOURCES OF NEW"

- Volunteers are needed to assist with organizing donation bins and donation storage area
- FCR NEW distributes clothing and hygiene products to community members in need
- Perfect casual service opportunity for families and students!
- Contact Jane Shatswell at 920-432-8899

"PAUL'S PANTRY"

- Volunteers are needed to prepare items for distribution within the food pantry
- Large and small groups welcome, Monday through Saturday
- Contact Craig at 920-433-0343 to sign up

Congratulations, to ***A Step in the Right Direction*** team, our Week 3 random drawing winners!

☺ Captains, turn in Week 4 and Week 5 steps by the end of the day on Tuesday (3/24). We will draw 2 team winners this week: one for Week 4 and one for Week 5.

Week 5 will take us from the busy city life in Ndola to the quiet, peaceful area of Kasanka National Park and the Bangweulu Wetlands. Walk on!