



FITNESS CENTER COVID-19 USE POLICY - PHASE 2



Fitness Center is open to students, faculty & staff - No Guests Allowed

The following parameters have been set to ensure the safety of our users and our staff. Please follow all posted signs and instructions from staff.

Scheduling:

- Sign up will occur through Sign Up Genius and must be utilized in order to access the fitness center. Please stick to your allotted, scheduled timeframe.
- When signing up you will be able to sign up for up to 14 days in advance.
- Reminders will be sent through sign up genius 1 day prior. If you can no longer use your spot - please cancel through sign up genius.
- Facility will have a maximum capacity of 18 starting August 24th.

Equipment:

- Equipment has been moved and marked for appropriate spacing and distancing.
- Do not use any equipment marked "Do Not Use" or move any existing equipment.

Locker Rooms:

- General Locker Rooms will be open 15 minutes prior to start of open hours and 15 minutes after we close.
- Please maintain social distancing, masking, and good hand hygiene in this space.
- We recommend the use of shower/water shoes in locker rooms.

General User Expectations:

- Please stick to the scheduled time allotted - max 1 hour - and do not enter facility early.
- If you are sick or are exhibiting any of the following symptoms you cannot use the fitness facility: Cough, fever over 100.4, headache, shortness of breath or difficulty breathing, chills, muscle aches, sore throat, or new loss of taste/smell - even if your symptoms are mild.
- If you have been exposed to COVID-19 in the last 14 days and are on quarantine or have been diagnosed with COVID-19 and have not been cleared by your physician/public health to be released from isolation, you cannot use the fitness facility.
- Facility has the right to refuse use of the fitness facility to anyone exhibiting symptoms or not following facility guidelines.
- If you need to cough or sneeze - cover appropriately. Sanitize hands immediately afterwards.
- A FACE MASK is required to be worn while exercising. This is per the Governor's Statewide Mandate effective 8/1/2020.
- Maintain Social Distancing - 6 ft from others
- Wipe **ALL** equipment **before and immediately after** use.
 - Do not spray directly on equipment - spray on paper towel and then apply to machine/equipment. Instructions on signage.
 - Wipe down floor area if exercises are done on mat/floor.
- Use hand sanitizer frequently - at a minimum, before and after workout.
- Limit items you touch to only the items you use - and clean both before and after use. Try to plan a workout ahead of time to move through the area efficiently. Avoid using lifting gloves or other personal items that are not easily cleaned.

OUR STAFF ARE WORKING HARD TO KEEP YOU SAFE

- Staff will be continuously cleaning equipment and high touchpoint areas during open hours as well as before and after open times.
- Staff will be monitoring the number of individuals in space and that only those signed up are in the facility.
- Staff will be masked and will be wearing staff shirt so you can easily recognize them and are happy to assist you with questions or concerns.
- 6 disinfecting stations will be provided throughout the facility.
- Hand sanitizer will be available in the facility.
- Staff are required to stay home if sick.