Mulva Family Fitness and Sport Center Workout Facility Policies
(as of November 1, 2018)

Users:
- St. Norbert College students, faculty and staff, retired faculty and staff, medical college students, medical college staff, board of trustee members and Kress Inn guest are eligible to use the Fitness Center facilities during operating hours.
- Anyone eligible to use the fitness center must have a valid St. Norbert ID card in order to use the facility. St. Norbert College ID cards may be obtain at Campus Card, which is located in Michel’s commons, Monday-Friday 8:00am-4:30pm. For questions regarding ID cards, please call Campus Card at 920-403-4030.
- St. Norbert College Faculty and Staff may bring one guest during operating hours provided the guest is at least 18 years of age and accompanied by the employee. The guest need not have an ID.

Hours:
Fitness Center & Swimming Pool

The Fitness Center and Swimming Pool hours will be posted and updated regularly at the following link on the St. Norbert College Athletics website: https://www.snc.edu/athletics/facilities/mffsc.html

Fitness Center Policies:
- Appropriate workout attire must be worn when using the facility. Wearing clothing that is restrictive increases risk of injury.
- Proper foot attire must be worn in order to use the facility. Sandals and boots will not be permitted.
  - You must have clean, dry, shoes. Especially during our winter months or other times of inclement weather, such as rain. Please bring a second pair of shoes to change into so that we can ensure our equipment is clean and safe for the next person to use. We have plastic shoe racks for your convenience to place your street shoes in. Fitness Center Staff reserve the right to ask you to bring an additional pair of shoes if they believe your street shoes do not meet the above requirements.
- In order to prevent any damage or spills we ask that water bottles on the floor contain water only, and have a lid on it at all times. Containers with a twist top must remain in the cubby area. This includes plastic water bottles, Gatorade bottles and soda bottles. Fitness Center Staff reserve the right to determine which water bottles are appropriate to be on the floor.
- You must have your ID on you in order to use the facility. This is for both safety reasons and to ensure that eligible persons as listed above are the only ones using the facility, as they are the ones whom this area was designed for.
- Only fitness center staff are allowed behind the desk. If you would like to connect your phone to the sound system, change the channel on the TV or radio please ask the staff to do so for you.

*Fitness Center Staff reserve the right to ask you to leave the facility if one of the above policies are violated.*
Safety Procedures:

- Use the Fitness Center facilities at your own risk. Fitness Center staff are not responsible for negligent use, behavior or injury sustained as a result of improper use of the facility.
  - If staff believe your actions and behaviors are a safety hazard for both you and others, they reserve the right to ask you to leave the facility.

- In the event of an emergency, please listen to the instructions of the Fitness Center Staff. Failure to listen to fitness center staff in emergencies may result in disciplinary actions from the college and campus safety.