



# St. Norbert College

## Sports Information

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### St. Norbert College Green Knights Women's Basketball Preview St. Norbert College (16-4, 15-0) at Lake Forest College (11-8, 9-5) Tuesday, February 9, 2016 - 7:30 p.m. LFC Sports Center (1,200) - Lake Forest, Illinois

#### Game Overview:

St. Norbert can clinch at least a share of its 14th Midwest Conference women's basketball championship with a win Tuesday at rival Lake Forest. The Green Knights currently lead second-place Cornell by two games with three games remaining.

#### Broadcast:

The game will be broadcast with video streaming at: <http://portal.stretch-internet.com/snc/>

Live stats will be available at:  
[http://www.goforesters.com/sports/wbkb/2015-16/boxscores/20160209\\_ljv.xml](http://www.goforesters.com/sports/wbkb/2015-16/boxscores/20160209_ljv.xml)

#### The Series:

St. Norbert leads Lake Forest 44-21 in a hotly contested series begun in the 1983-84 season. The Green Knights have won 15 of the last 17 games in the series. St. Norbert has won 12 consecutive home games in the series dating back to the 2004-05 season.

#### Last Meeting:

St. Norbert defeated Lake Forest 58-39 on Dec. 8, 2015 at Schuldes Sports Center in De Pere. The Green Knights led 27-21 at halftime before pulling away. Brianna Byrne had 19 points for St. Norbert while Regan Carmichael added 13 points and 11 rebounds. Lake Forest got team highs of 10 points and 11 rebounds from K.C. Stralka.

#### The Coaches:

St. Norbert coach Connie Tilley (UW-La Crosse, 1974) is 647-285 in her 39th season in De Pere. Combining her softball and volleyball coaching tenures with the Green Knights, Tilley is 975-482 at St. Norbert. Tilley's 647 wins ranks tied for ninth all-time for the most triumphs in NCAA Division III history. Only Elizabethtown's Yvonne Kauffman (42 years, 1971-2012) has spent more time coaching women's basketball at one school.

Lake Forest coach Tamlyn Tills (UW-La Crosse, 1982) is 94-88 in her eighth season in Lake Forest.

#### About the Green Knights:

St. Norbert enters the game with a 16-4 overall record and remains unblemished in the Midwest Conference with a 15-0 ledger. The Green

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#### 2015-2016 Results

Date	Opponent	Result
N 5	at UW-Green Bay (exh)	L 75-38
N 14	at St. Thomas (18)	L 62-60
N 21	<b>UW-Platteville</b>	<b>W 78-60</b>
N 24	<b>UW-Eau Claire</b>	<b>L 70-62</b>
N 28	at Monmouth *	W 75-51
D 2	<b>Ripon *</b>	<b>W 61-26</b>
D 5	at Grinnell *	W 71-60
D 8	<b>Lake Forest *</b>	<b>W 58-39</b>
D 12	at UW-Oshkosh (5)	L 62-48
D 19	<b>Cornell *</b>	<b>W 64-46</b>
D 22	<b>Illinois College *</b>	<b>W 67-44</b>
J 2	<b>UW-Stevens Point</b>	<b>L 67-62</b>
J 6	<b>Lawrence *</b>	<b>W 85-29</b>
J 12	at Beloit *	W 85-54
J 16	at Knox *	W 95-61
J 20	<b>Carroll *</b>	<b>W 62-41</b>
J 23	<b>Monmouth *</b>	<b>W 83-40</b>
J 26	at Ripon *	W 69-60
J 30	at Carroll *	W 65-49
F 3	at Lawrence *	W 81-49
F 6	<b>Beloit *</b>	<b>W 95-59</b>
F 9	at Lake Forest *	7:30 p.m.
F 13	<b>Knox *</b>	<b>3 p.m.</b>
F 20	at Cornell *	3 p.m.
F 26	vs. TBA \$	TBA

\* - Midwest Conference game; \$ - Midwest Conference Tournament. **Note:** Home games in **bold**; (rankings) by D3hoops.com. All times Central Standard Time.

Knights, who have won 43 of their last 44 games against Midwest Conference opponents, routed Beloit 95-59 this past Saturday in De Pere.

The Green Knights are paced in scoring by junior guard Regan Carmichael, who is averaging 12.1 points per game with a team-high 5.4 rebounds per game. Junior guard Brianna Byrne is netting 11.1 points per game, while senior guard Stephanie Weigman is averaging 10.5 points per game. Junior center Mallory Nickerson is scoring an average of 7.7 points per game.

St. Norbert is scoring an average of 71.2 points per game, and is shooting 44.2 percent from the floor, 34.8 percent on 3-pointers and 62.6 percent at the free-throw line. Opponents are scoring an average of 51.5 points per game while shooting 37.0 percent from the floor, 29.1 percent on 3-pointers and 68.3 percent at the free-throw line.

#### About the Foresters:

Lake Forest enters the game with an 11-8 overall record and a 9-5 mark in the Midwest Conference. The Foresters have won three of their last four games, but are coming off a 78-70 setback at Knox this past Saturday.

Senior forward K.C. Stralka leads the Foresters with averages of 12.5 points and 9.5 rebounds per game. Senior guard Michelle Ricolcol is averaging 12.1 points per game, while sophomore guard Kelsey Schmitt is netting 10.5 points per game.

Lake Forest is scoring an average of 63.5 points per game and is shooting 37.9 percent from the floor, 26.5 percent on 3-pointers and 67.4 percent at the free-throw line. Opponents are scoring an average of 61.9 points per game while shooting 34.5 percent from the floor, 27.1 percent on 3-pointers and 68.4 percent at the free-throw line.

#### Handle With Care:

St. Norbert has taken 232 more field-goal attempts than its opponents this season thanks to taking good care of the basketball. St. Norbert has just 267 turnovers to its opponents' 407.

The Green Knights are currently 10th in Division III in fewest

turnovers per game at 13.4 per game. St. Norbert is also second nationally in assist-to-turnover ratio at plus-1.32.

Thomas More leads in assist-to-turnover ratio at plus-2.10 and fewest turnovers per game at 11.3.

Additionally, junior guard Regan Carmichael is fifth nationally in assist-to-turnover ratio at plus-2.90 and junior guard Jill Kleiman is 28th at plus-2.28.

#### Tilley Talk:

With a 64-41 win over Lake Forest on Nov. 19, 2014, St. Norbert coach Connie Tilley moved into sole possession of 10th place in Division III women's basketball history for career wins with 611.

Tilley, who now has 647 career wins, passed Susan Dunagan for 10th place in career wins. Dunagan coached at Roanoke from 1982 to 2014. Johns Hopkins coach Nancy Funk currently has 647 wins to stand in a tie for ninth place with Tilley.

Tilley has wins over 79 different schools, including all eight Wisconsin Intercollegiate Athletic Conference members. Her most wins against a single opponent have come against Midwest Conference foes Lawrence (67), Ripon (59) and Beloit (56).

#### Jump Shots:

\* - St. Norbert's scoring defense of 51.5 points per game is 19th in Division III. That mark also leads the Midwest Conference ahead of Cornell's 52.6 points allowed per game.

\* - St. Norbert is 167-4 in its last 171 games when scoring at least 70 points and has a 35-game winning streak when reaching the 70-point plateau. St. Norbert had a 60-game winning streak when scoring 70 points snapped in a 77-72 loss to Monmouth on Feb. 3, 2012. Under Connie Tilley, St. Norbert is 339-23 when scoring at least 70 points.

\* - St. Norbert owns an impressive 180-44 record since the start of the 2007-08 season. The Green Knights have won at least 19 games in seven of the last eight seasons, with six years with at least 20 wins. The 107 wins from 2008 to 2012 is the best five-year stretch in program history.

## Head Coach Connie Tilley

**Education:** Bachelor's degree in physical education at UW-La Crosse (1974); master's degree in public health administration at UW-La Crosse (1976).

**Coaching Experience:** Head women's basketball coach at St. Norbert (1977 to present).



### Tilley's Head Coaching Record

Year	Overall	MWC	Place	NCAA
1977-78	13-5	6-2*	2nd	
1978-79	16-4	12-0*	1st	
1979-80	18-5	10-0*	1st	
1980-81	22-8	9-1*	1st	
1981-82	15-9	11-1*	2nd	
1982-83	20-6	11-0*	1st	Regional
1983-84	17-6	10-1	1st	
1984-85	24-4	11-0	1st	Final Four
1985-86	21-2	11-0	1st	Sweet 16
1986-87	19-6	11-1	1st	Regional
1987-88	17-5	5-2	1st	Sweet 16
1988-89	20-6	10-0	1st	Regional
1989-90	11-11	4-4	7th	
1990-91	16-8	6-2	4th	
1991-92	11-10	3-5	8th	
1992-93	11-10	8-5	7th	
1993-94	11-11	7-7	6th	
1994-95	8-14	5-9	6th	
1995-96	8-14	6-8	7th	
1996-97	14-10	11-3	3rd	
1997-98	13-9	7-6	5th	
1998-99	11-12	10-6	3rd	
1999-2000	17-6	15-1	3rd	
2000-01	12-11	10-6	3rd	
2001-02	13-10	10-6	5th	
2002-03	23-5	15-1	1st	Sweet 16
2003-04	16-9	13-3	2nd	
2004-05	16-9	13-3	2nd	
2005-06	17-8	13-3	2nd	
2006-07	16-8	12-4	3rd	
2007-08	22-5	15-1	1st	Second Rd.
2008-09	20-5	15-1	2nd	
2009-10	23-4	14-2	1st	Second Rd.
2010-11	23-3	17-1	1st	First Rd.
2011-12	19-5	17-1	1st	
2012-13	15-9	12-6	3rd	
2013-14	21-5	16-2	1st	First Rd.
2014-15	22-4	17-1	1st	First Rd.
2015-16	16-4	15-0		
<b>Totals</b>	<b>647-285</b>	<b>423-106</b>		

\* - St. Norbert was in the Wisconsin Independent Colleges-Women's Athletic Conference until 1983.

### MWC Glance

Team	MWC	Overall
St. Norbert	15-0	16-4
Cornell	12-2	15-4
Grinnell	11-4	14-6
Lake Forest	9-5	11-8
Ripon	7-8	11-9
Illinois College	7-8	10-10
Knox	6-8	11-8
Carroll	5-9	6-13
Beloit	5-10	7-13
Monmouth	3-11	4-15
Lawrence	0-15	0-20

## St. Norbert Quick Facts

**Nickname:** .....Green Knights  
**Location:** .....De Pere, WI 54115  
**Colors:** .....Dartmouth Green & Old Gold  
**Founded:** .....1898  
**Enrollment:** .....2,168  
**President:** .....Thomas Kunkel  
**Athletics Director:** .....Tim Bald  
**Conference:** .....Midwest Conference  
**Facility:** .....Schuldes Sports Center  
**Capacity:** .....2,100  
**Year Opened:** .....1979  
**Head Coach:** .....Connie Tilley  
**Record at St. Norbert:** .....647-285 (39th year)  
**Assistant Coaches:** .....Riley Woldt,  
 .....Bri Hauge,  
 .....Kheenan Halvorson  
**First Season of Women's Basketball:** .1974-75  
**Seasons of Women's Basketball:** .....42  
**All-Time Overall Record:** .....674-302  
**All-Time MWC Record:** .....363-102  
**MWC Championships:** .....13  
 .....(1984-89, 2003, '08, '10-12, '14-15)  
**NCAA Tournament Appearances:** .....12  
 .....(1983, '85-89, 2003, '08, '10-11, '14-15)  
**NCAA Sweet 16 Appearances:** .....Four  
 .....(1985, '86, '88, 2003)  
**NCAA Final Four Appearances:** .....One  
 .....(1985)

## D3hoops.com Division III

### Top 25 Poll #10 - Feb. 8, 2016

Place	School (1st-place)	Pts.	Record
1	Thomas More (25)	625	20-0
2	George Fox	596	21-0
3	Hope	578	21-0
4	Scranton	518	21-0
5	Texas-Tyler	510	21-1
6	Tufts	506	20-2
7	Amherst	504	21-1
8	St. Thomas	420	18-3
9	Rochester	414	17-3
10	Washington-Mo.	372	16-4
11	Ohio Northern	364	18-3
12	Albright	300	20-2
13	UW-Oshkosh	291	17-4
14	New York Univ.	290	17-3
15	UW-River Falls	287	17-4
16	Muhlenberg	243	17-2
17	UW-Stevens Point	211	16-5
18	Christopher Newport	204	19-2
19	UW-Whitewater	201	17-4
20	Capital	103	17-4
21	Maryville-Tenn.	92	17-3
22	Univ. of New England	72	18-3
23	Mary Washington	57	18-3
24	Calvin	55	16-5
25	Wheaton-Ill.	54	16-5

**Others receiving votes:** Trinity-Texas 45,  
 Denison 28, WPI 28, Stockton 23, Birmingham-  
 Southern 21, Bowdoin 17, St. Mary's-Minn. 14,  
 St. John Fisher 11, Marymount 11, Carnegie  
 Mellon 10, Bluffton 8, Rowan 7, McDaniel 6,  
 Whitman 6, Montclair State 4, Washington &  
 Jefferson 4, Moravian 3, UW-Superior 3, **St.  
 Norbert 2**, Guilford 2, Piedmont 2, Rose-  
 Hulman 2, Claremont-Mudd-Scripps 1.

## St. Norbert Women's Basketball Career Highs

### #10 - Jessica Harberts

Points: 2 (2 times, last 1/6/16 vs.  
 Lawrence)  
 Rebounds: 1 (2 times, 1/23/16 vs.  
 Monmouth)  
 Assists: 1 (1/23/16 vs. Monmouth)

### #11 - Brianna Byrne

Points: 29 (2/7/15 vs. Beloit)  
 Rebounds: 8 (1/4/14 vs. Lawrence)  
 Assists: 7 (1/31/15 vs. Carroll)

### #13 - Jill Kleiman

Points: 21 (12/14/13 vs. Cornell)  
 Rebounds: 8 (2/21/15 vs. Cornell)  
 Assists: 7 (4 times, last 1/20/16 vs.  
 Carroll)

### #14 - Rachel Hagge

Points: 17 (2/28/15 vs. Cornell)  
 Rebounds: 7 (12/7/13 vs. Grinnell)  
 Assists: 7 (2/7/15 vs. Beloit)

### #15 - Kyra VandenHeuvel

Points: 22 (1/12/16 vs. Beloit)  
 Rebounds: 7 (1/26/13 vs. Knox)  
 Assists: 5 (1/16/16 vs. Knox)

### #20 - Christine Olijnyk

Points: 10 (1/12/16 vs. Beloit)  
 Rebounds: 3 (1/6/16 vs. Lawrence)  
 Assists: 2 (2 times, last 2/3/16 vs.  
 Lawrence)

### #21 - Regan Carmichael

Points: 23 (2/6/16 vs. Beloit)  
 Rebounds: 11 (12/8/15 vs. Lake Forest)  
 Assists: 8 (2/6/16 vs. Beloit)

### #22 - Megan McGoohan

Points: 12 (11/15/13 vs. Northland)  
 Rebounds: 7 (1/17/15 vs. Knox)  
 Assists: 3 (11/15/13 vs. Northland)

### #23 - Stephanie Weigman

Points: 26 (2/14/15 vs. Knox)  
 Rebounds: 8 (5 times, last 1/26/16 vs.  
 Ripon)  
 Assists: 6 (1/16/16 vs. Knox)

### #31 - Lily Quinn

Points: 4 (3 times, last 1/16/16 vs.  
 Knox)  
 Rebounds: 4 (1/6/16 vs. Lawrence)  
 Assists: 1 (2 times, last 1/12/16 vs.  
 Beloit)

### #32 - Julia Easter

Points: 2 (1/6/16 vs. Lawrence)  
 Rebounds: 1 (2 times, last 1/6/16 vs.  
 Lawrence)  
 Assists: 1 (2 times, last 1/16/16 vs.  
 Lawrence)

### #35 - Sarah Ratajczyk

Points: 10 (12/8/15 vs. Lake Forest)  
 Rebounds: 7 (12/12/15 vs. UW-Oshkosh)  
 Assists: 2 (12/19/15 vs. Cornell)

### #40 - Mallory Nickerson

Points: 16 (11/15/13 vs. Northland)  
 Rebounds: 10 (12/19/15 vs. Cornell)  
 Assists: 3 (2 times, last 1/23/16 vs.  
 Monmouth)

### #42 - Heidi Van Sistine

Points: 24 (2/1/14 vs. Knox)  
 Rebounds: 15 (2/4/15 vs. Lawrence)  
 Assists: 4 (2 times, last 1/31/15 vs.  
 Carroll)



**St. Norbert College Women's Basketball**  
 St. Norbert College Combined Team Statistics (as of Feb 06, 2016)  
**All games**



RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	16-4	9-2	7-2	0-0
CONFERENCE	15-0	8-0	7-0	0-0
NON-CONFERENCE	1-4	1-2	0-2	0-0

#	Player	gp-gs	Total		3-Point		F-Throw		Rebounds				pf dq		a to blk		stl	pts	avg			
			min	avg	fg-fga	fg%	3fg-fga	3fg%	ft-fa	ft%	off	def	tot	avg	pf	dq				a	to	blk
21	Regan Carmichael	20-20	557	27.9	86-217	.396	48-118	.407	22-26	.846	18	89	107	5.4	30	0	84	29	6	32	242	12.1
11	Brianna Byrne	20-20	489	24.5	80-167	.479	21-52	.404	40-65	.615	24	37	61	3.1	29	0	26	34	14	20	221	11.1
23	Stephanie Weigman	20-20	530	26.5	88-178	.494	4-14	.286	30-39	.769	32	47	79	4.0	38	1	29	25	5	36	210	10.5
40	Mallory Nickerson	20-20	315	15.8	65-147	.442	0-1	.000	24-47	.511	30	62	92	4.6	61	2	13	43	20	19	154	7.7
13	Jill Kleiman	20-20	509	25.5	53-115	.461	15-39	.385	29-37	.784	17	46	63	3.2	42	1	73	32	2	38	150	7.5
15	Kyra VandenHeuvel	20-0	299	15.0	38-86	.442	1-11	.091	29-52	.558	17	31	48	2.4	36	0	34	15	1	29	106	5.3
42	Heidi Van Sistine	16-0	261	16.3	33-64	.516	0-0	.000	26-36	.722	27	37	64	4.0	16	0	10	13	10	3	92	5.8
14	Rachel Hagge	20-0	394	19.7	35-90	.389	12-36	.333	6-11	.545	13	43	56	2.8	23	0	47	23	6	25	88	4.4
35	Sarah Ratajczyk	18-0	235	13.1	35-60	.583	0-0	.000	7-22	.318	30	24	54	3.0	24	0	7	9	1	9	77	4.3
20	Christine Olijnyk	15-0	118	7.9	14-35	.400	2-13	.154	8-14	.571	3	10	13	0.9	8	0	9	4	3	3	38	2.5
22	Megan McGoohan	19-0	190	10.0	9-43	.209	0-9	.000	4-8	.500	13	7	20	1.1	18	0	16	20	1	5	22	1.2
31	Lily Quinn	14-0	49	3.5	5-18	.278	0-0	.000	6-9	.667	4	10	14	1.0	9	0	2	6	0	2	16	1.1
10	Jessica Harberts	11-0	30	2.7	2-6	.333	0-2	.000	1-2	.500	0	2	2	0.2	6	0	1	1	0	0	5	0.5
32	Julia Easter	8-0	24	3.0	1-4	.250	0-1	.000	1-4	.250	0	2	2	0.3	2	0	2	4	0	0	3	0.4
Team											43	60	103				9					
Total.....		20	4000		544-1230	.442	103-296	.348	233-372	.626	271	507	778	38.9	342	4	353	267	69	221	1424	71.2
Opponents.....		20	4000		369-998	.370	82-282	.291	209-306	.683	161	484	645	32.2	362	6	202	407	47	138	1029	51.5

TEAM STATISTICS	SNC	OPP	Date	Opponent	Score	Att.
SCORING	1424	1029	11/14/15	at St. Thomas	L 60-62	205
Points per game	71.2	51.5	11/21/15	UW-PLATTEVILLE	w 76-60	215
Scoring margin	+19.8	-	11/24/15	UW-EAU CLAIRE	L 62-70	254
FIELD GOALS-ATT	544-1230	369-998	* 11/28/15	at Monmouth College	w 75-51	150
Field goal pct	.442	.370	* 12/2/15	RIPON COLLEGE	w 61-26	416
3 POINT FG-ATT	103-296	82-282	* 12/5/15	at Grinnell College	w 71-60	421
3-point FG pct	.348	.291	* 12/8/15	LAKE FOREST COLLEGE	w 58-39	358
3-pt FG made per game	5.2	4.1	12/12/15	at UW-Oshkosh	L 48-62	427
FREE THROWS-ATT	233-372	209-306	* 12/19/15	CORNELL COLLEGE	w 64-46	322
Free throw pct	.626	.683	* 12/22/15	ILLINOIS COLLEGE	w 67-44	321
F-Throws made per game	11.7	10.5	1/2/16	UW-STEVENS POINT	L 62-67	622
REBOUNDS	778	645	* 1/6/16	LAWRENCE UNIV.	w 85-29	395
Rebounds per game	38.9	32.2	* 1/12/16	at Beloit College	w 85-54	150
Rebounding margin	+6.7	-	* 1/16/16	at Knox College	w 95-61	150
ASSISTS	353	202	* 1/20/16	CARROLL UNIV.	w 62-41	404
Assists per game	17.7	10.1	* 1/23/16	MONMOUTH COLLEGE	w 83-40	420
TURNOVERS	267	407	* 1/26/16	at Ripon College	w 69-60	227
Turnovers per game	13.4	20.4	* 1/30/16	at Carroll Univ.	w 65-49	167
Turnover margin	+7.0	-	* 2/3/16	at Lawrence Univ.	w 81-49	128
Assist/turnover ratio	1.3	0.5	* 2/6/16	BELOIT COLLEGE	w 95-59	388
STEALS	221	138				
Steals per game	11.1	6.9				
BLOCKS	69	47				
Blocks per game	3.5	2.4				
ATTENDANCE	4115	2025				
Home games-Avg/Game	11-374	9-225				
Neutral site-Avg/Game	-	0-0				

Score by Periods	1st	2nd	3rd	4th	Totals
St. Norbert College	326	370	376	352	1424
Opponents	233	248	275	273	1029

\* - Conference game