

**2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016****Ash Park Stadium****Results****Women 100 Meter Dash****Top 8 Advance by Time**

MEET: M 11.98 1994 Dori Ternig, Monmouth					
Name	Year	School	Prelims	Wind	H#
<b>Preliminaries</b>					
1 Myers, Cynthia		Monmouth (Ill.)	12.48q	1.4	2
2 Gardner, Briana		Monmouth (Ill.)	12.57q	1.5	3
3 Hon, Angel		St. Norbert	12.64q	1.5	3 12.636
3 Varanese, Valarie		Knox	12.64q	0.4	1 12.636
5 Tinglin, TaShea'		Monmouth (Ill.)	12.92q	1.5	3
6 LeCaptain, Liz		St. Norbert	13.01q	0.4	1
7 Heinzen, Aleeshah		Beloit	13.03q	1.4	2
8 VandenHeuvel, Kyra		St. Norbert	13.06q	0.4	1
9 Mehlert, Kimmy		Carroll	13.17	1.4	2
10 Maddaus, Jordan		Grinnell	13.30	0.4	1
11 Plautz, Jourdan		Beloit	13.31	1.5	3
12 Franzen, Deidre		Cornell College	13.53	1.4	2
13 Earley, Angie		Beloit	13.86	1.4	2
14 Brown, Kayla		Knox	13.89	1.5	3
15 Hiser, Lateesha		Ripon	13.96	0.4	1
16 Lehr, Ellen		Ripon	14.42	1.5	3
17 Oguejiofor, Chidinma		Knox	14.48	0.4	1
18 Schmiechen, Alex		Grinnell	14.53	1.4	2
19 Dillenbeck, Tessa		Ripon	15.17	1.5	3

**Women 100 Meter Dash**

MEET: M 11.98 1994 Dori Ternig, Monmouth					
Name	Year	School	Finals	Wind	Points
<b>Finals</b>					
1 Myers, Cynthia		Monmouth (Ill.)	12.43	1.4	10
2 Varanese, Valarie		Knox	12.46	1.4	8
3 Gardner, Briana		Monmouth (Ill.)	12.59	1.4	6
4 Hon, Angel		St. Norbert	12.66	1.4	5
5 Heinzen, Aleeshah		Beloit	12.77	1.4	4
6 Tinglin, TaShea'		Monmouth (Ill.)	12.80	1.4	3
7 VandenHeuvel, Kyra		St. Norbert	12.97	1.4	2
8 LeCaptain, Liz		St. Norbert	13.14	1.4	1

**Women 200 Meter Dash****Top 8 Advance by Time**

MEET: M 24.86 1997 Stacy Brown, Monmouth					
Name	Year	School	Prelims	Wind	H#
<b>Preliminaries</b>					
1 Elwing, Alissa		Carroll	25.44q	1.4	4
2 Myers, Cynthia		Monmouth (Ill.)	25.75q	1.7	2
3 Duff, Sarah		St. Norbert	25.87q	1.4	4
4 Hon, Angel		St. Norbert	25.99q	1.4	4
5 Gardner, Briana		Monmouth (Ill.)	26.00q	1.0	3
6 Varanese, Valarie		Knox	26.71q	1.0	3
7 Bartel, Samantha		Carroll	26.73q	2.2	1
8 Maddaus, Jordan		Grinnell	26.98q	1.7	2

**2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016**

**Ash Park Stadium**

**Results**

**....Women 200 Meter Dash**

9	Allen, Emma	Ripon	27.01	2.2	1
10	Spencer, Raissa	Carroll	27.34	1.0	3
11	Strunk, Sydney	Cornell College	27.35	2.2	1
12	Heinzen, Aleeshah	Beloit	27.42	1.7	2
13	Plautz, Jourdan	Beloit	27.75	2.2	1
14	Kessel, Hanna	Grinnell	28.14	1.0	3 28.136
15	Miliotis, Sophia	Beloit	28.14	1.4	4 28.137
16	Wollenburg, Beka	Monmouth (Ill.)	28.22	1.7	2
17	Brown, Kayla	Knox	28.47	1.4	4
18	Franzen, Deidre	Cornell College	28.63	1.0	3
19	Rule, Shay	Cornell College	29.31	1.7	2
20	Schmiechen, Alex	Grinnell	29.97	2.2	1
21	Gavazzi, Sandra	Knox	30.16	2.2	1
22	Lehr, Ellen	Ripon	32.37	1.0	3
23	Dillenbeck, Tessa	Ripon	32.73	1.7	2

**Women 200 Meter Dash**

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MEET: M 24.86		1997	Stacy Brown, Monmouth			
Name	Year	School	Finals	Wind	Points	

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**Finals**

1	Myers, Cynthia	Monmouth (Ill.)	25.01	3.8	10
2	Elwing, Alissa	Carroll	25.06	3.8	8
3	Gardner, Briana	Monmouth (Ill.)	25.45	3.8	6
4	Duff, Sarah	St. Norbert	25.87	3.8	5
5	Varanese, Valarie	Knox	25.98	3.8	4
6	Hon, Angel	St. Norbert	25.99	3.8	3
7	Bartel, Samantha	Carroll	26.44	3.8	2
8	Maddaus, Jordan	Grinnell	27.29	3.8	1

**Women 400 Meter Dash**

**Top 8 Advance by Time**

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MEET: M 55.49		2014	Christine Ajinjeru, Grinnell		
Name	Year	School	Prelims	H#	

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**Preliminaries**

1	Elwing, Alissa	Carroll	58.70q	1
2	Allen, Emma	Ripon	59.46q	3
3	Spencer, Raissa	Carroll	1:00.09q	3
4	Duff, Sarah	St. Norbert	1:00.31q	1
5	Kosier, Isabella	Monmouth (Ill.)	1:01.02q	2
6	Schnoor, Libby	Cornell College	1:01.08q	2
7	Cochrane, Emma	Cornell College	1:01.27q	3
8	Tarsa, Graceanne	St. Norbert	1:02.27q	1
9	Kessel, Hanna	Grinnell	1:03.79	1
10	Squier, Kaitlin	Carroll	1:03.96	2
11	Brown, Kayla	Knox	1:04.45	2
12	Harris, Danielle	St. Norbert	1:04.63	3
13	Hutchings, Amy	Lawrence	1:04.65	3
14	Schmiechen, Zoe	Grinnell	1:06.14	1
15	Kline, Shelby	Beloit	1:06.32	3
16	Scott, Aubrey	Lawrence	1:09.84	2
17	Gavazzi, Sandra	Knox	1:10.99	1

**2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016****Ash Park Stadium****Results****Women 400 Meter Dash**

MEET: M 55.49 2014 Christine Ajinjeru, Grinnell				
Name	Year	School	Finals	Points
Finals				
1 Elwing, Alissa		Carroll	57.97	10
2 Allen, Emma		Ripon	58.27	8
3 Kosier, Isabella		Monmouth (Ill.)	58.96	6
4 Duff, Sarah		St. Norbert	59.40	5
5 Spencer, Raissa		Carroll	59.75	4
6 Schnoor, Libby		Cornell College	1:00.43	3
7 Cochran, Emma		Cornell College	1:01.20	2
8 Tarsa, Graceanne		St. Norbert	1:03.49	1

**Women 800 Meter Run**

ONE TURN STAGGER					
MEET: M 2:09.12 2012 Emily Schudrowitz, St. Norbert					
Name	Year	School	Finals	H#	Points
1 Jauregui, Clarissa		St. Norbert	2:14.34	3	10
2 Podosek, Joanna		Monmouth (Ill.)	2:14.99	3	8
3 Domro, Taylor		St. Norbert	2:16.32	3	6
4 Waddle, Ellie		Beloit	2:20.84	3	5
5 Pelkey, Melissa		Beloit	2:23.67	3	4
6 Thrans, Abby		Carroll	2:24.30	3	3
7 Reese, Megan		Carroll	2:26.63	2	2
8 Byrne, Megan		Monmouth (Ill.)	2:27.11	3	1
9 Williams, Meta		Grinnell	2:28.10	3	
10 Cook, Alethea		Grinnell	2:30.75	2	
11 Larson, Karlee		Carroll	2:30.84	3	
12 Saulcy, Kate		Monmouth (Ill.)	2:30.98	3	
13 Williams, Cora		Lawrence	2:31.56	2	
14 Teagle, Whitney		Grinnell	2:33.24	2	
15 Gomez, Sandra		Cornell College	2:35.34	2	
16 Niswonger, Lily		Cornell College	2:35.77	3	
17 Schrage, Tina		Lawrence	2:37.95	2	
18 Schleisner, Isy		Lawrence	2:38.50	2	
19 Voller, Stephanie		Cornell College	2:39.31	1	
20 Murton, Caroline		Beloit	2:43.29	1	
21 Hemby, Caitlin		Knox	2:49.01	1	
22 Fels, Amy		Ripon	2:52.08	1	
23 Ahmed, Farzana		Knox	2:56.81	1	
24 Larsen, Frances		Knox	3:05.65	1	
-- Abitz, Elizabeth		Ripon	DNF	2	
-- Dykstra, Grace		Ripon	DNS	1	
-- Kozlowski, Brittany		St. Norbert	SCR		

**Women 1500 Meter Run**

RANDOM WATERFALL START					
MEET: M 4:35.44 2014 Sarah Burnell, Grinnell					
Name	Year	School	Finals	H#	Points
1 Martinez, Sanjuanita		Cornell College	4:37.72	2	10
2 Domro, Taylor		St. Norbert	4:38.82	2	8

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3	Podosek, Joanna	Monmouth (Ill.)	4:42.18	2	6
4	Artz, Erin	St. Norbert	4:45.38	2	5
5	Young, Shannon	Grinnell	4:46.84	2	4
6	Waddle, Ellie	Beloit	4:51.12	2	3
7	Thrums, Abby	Carroll	4:55.50	2	2
8	Bloom, Thea	Monmouth (Ill.)	4:55.92	2	1
9	Larson, Karlee	Carroll	5:03.92	2	
10	Wollenburg, Amy	Monmouth (Ill.)	5:06.64	2	
11	Williams, Cora	Lawrence	5:10.25	2	
12	Ahrens, Anna	Grinnell	5:10.74	2	
13	Dietsche, Brooke	Carroll	5:12.65	2	
14	Huck, Margaret	Lawrence	5:16.38	2	
15	Baker, Katie	Cornell College	5:18.44	1	
16	Ptaschek, Jenna	Cornell College	5:19.80	1	
17	Neubauer, Grace	Knox	5:27.08	1	
18	Murton, Caroline	Beloit	5:32.51	1	
19	Arredondo, Nicole	Grinnell	5:33.69	1	
20	Birzer, Theresa	Knox	5:49.27	1	
21	Dykstra, Grace	Ripon	5:50.90	1	
22	Fels, Amy	Ripon	6:00.45	1	
23	Miller, Marisa	Knox	6:11.02	1	
--	Kozlowski, Brittany	St. Norbert	DNF	2	

**Women 5000 Meter Run**

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RANDOM WATERFALL START

MEET: M 17:03.27 2010 Megan O'Grady, Carroll

Name	Year	School	Finals	Points
1	Artz, Erin	St. Norbert	17:01.71M	10
2	Masterson, Abrah	Cornell College	17:05.30	8
3	Koenig, Emma	Beloit	18:02.33	6
4	Moline, Rachel	Cornell College	18:26.63	5
5	Baeten, Lisa	St. Norbert	18:37.28	4
6	Wetzel, Laura	Cornell College	18:44.10	3
7	Zimmerman, Emma	Grinnell	18:48.30	2
8	Luhmann, Emma	Grinnell	18:49.88	1
9	Campbell, Paulina	Grinnell	18:53.51	
10	Heniff, Kelly	St. Norbert	19:11.94	
11	Bruning, Clare	Lawrence	19:22.68	
12	Schrobilgen, Erin	Lawrence	19:32.61	
13	Swietlik, Clare	Carroll	19:36.19	
14	Kinzer, Hannah	Lawrence	19:47.71	
15	Crocetti, Jane Marie	Carroll	19:52.93	
16	Daniel, Brittany	Monmouth (Ill.)	20:08.23	
17	Foss, Kelci	Monmouth (Ill.)	20:15.91	
18	Konkol, Amy	Carroll	20:23.58	
19	Miller, Emily	Knox	23:06.00	
--	Manchen, Jamie	Beloit	DNS	

**2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016****Ash Park Stadium****Results****Women 10000 Meter Run**

RANDOM WATERFALL START

MEET: M 36:27.59 2008 Jenny Scherer, St. Norbert

Name	Year	School	Finals	Points
1 Masterson, Abrah		Cornell College	38:25.27	10
2 Luhmann, Emma		Grinnell	38:30.84	8
3 Campbell, Paulina		Grinnell	38:35.82	6
4 Zimmerman, Emma		Grinnell	38:43.60	5
5 Nelsen, Tori		St. Norbert	38:54.76	4
6 Wetzel, Laura		Cornell College	39:07.01	3
7 Koenig, Emma		Beloit	39:48.76	2
8 Miller, Taylor		St. Norbert	39:55.40	1
9 Swietlik, Clare		Carroll	40:07.01	
10 Wegner, Alyssa		St. Norbert	40:07.18	
11 Daniel, Brittany		Monmouth (Ill.)	41:02.37	
12 Murphy, MariKate		Cornell College	41:22.41	
13 Foss, Kelci		Monmouth (Ill.)	41:46.71	
14 Doruska, Molly		Lawrence	41:55.81	
15 Landes, Liz		Lawrence	43:32.59	
16 Carncross, Abby		Carroll	44:46.95	
17 Zhang, Mingyi		Beloit	44:54.85	
18 Bleimund, Claudia		Carroll	45:02.49	
19 Propes, Katelynn		Monmouth (Ill.)	45:43.97	

**Women 100 Meter Hurdles****Top 8 Advance by Time**

MEET: M 13.84 2012 Missy Norville, Illinois College

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Leach, Nikki		Cornell College	15.37q	0.1	1
2 Mueller, Haidyn		St. Norbert	15.61q	-0.3	2
3 Wendtland, Marissa		Carroll	16.45q	0.1	1
4 McCauley, Peyton		St. Norbert	16.88q	-0.3	2
5 Wernicke, Teagan		St. Norbert	16.89q	-0.3	2
6 Zeman, Nicole		Ripon	16.98q	0.1	1
7 Bresette-Buccino, Nora		Grinnell	17.05q	0.1	1
8 Dilldine, Breeanna		Illinois College	17.48q	0.1	1
9 Cardinal, Hayley		Lawrence	17.49	-0.3	2
10 Holtzman, Gwen		Grinnell	18.09	-0.3	2

**Women 100 Meter Hurdles**

MEET: M 13.84 2012 Missy Norville, Illinois College

Name	Year	School	Finals	Wind	Points
Finals					
1 Leach, Nikki		Cornell College	14.93	2.4	10
2 Mueller, Haidyn		St. Norbert	14.96	2.4	8
3 Wendtland, Marissa		Carroll	15.62	2.4	6
4 Zeman, Nicole		Ripon	15.63	2.4	5
5 Wernicke, Teagan		St. Norbert	16.05	2.4	4
6 Bresette-Buccino, Nora		Grinnell	16.64	2.4	3
7 McCauley, Peyton		St. Norbert	16.67	2.4	2

**2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016****Ash Park Stadium****Results****....Women 100 Meter Hurdles**

8 Dilldine, Breeanna	Illinois College	17.35	2.4	1
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**Women 400 Meter Hurdles****Top 8 Advance by Time**

MEET: M 1:02.44 1997 Heather Furrow, Monmouth

Name	Year	School	Prelims	H#
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**Preliminaries**

1 Zeman, Nicole		Ripon	1:05.95q	2
2 Wendtland, Marissa		Carroll	1:07.21q	1
3 McCauley, Peyton		St. Norbert	1:09.46q	2
4 Mueller, Haidyn		St. Norbert	1:10.83q	1
5 Cardinal, Hayley		Lawrence	1:11.37q	2
6 Wernicke, Teagan		St. Norbert	1:11.67q	1
7 Bloom, Thea		Monmouth (Ill.)	1:12.12q	1
8 Holtzman, Gwen		Grinnell	1:15.29q	2
9 Grell, Breann		Cornell College	1:16.18	1
10 Birdsell, Kalyssa		Monmouth (Ill.)	1:16.71	1
11 Tinglin, TaShea'		Monmouth (Ill.)	1:17.86	2

**Women 400 Meter Hurdles**

MEET: M 1:02.44 1997 Heather Furrow, Monmouth

Name	Year	School	Finals	Points
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**Finals**

1 Zeman, Nicole		Ripon	1:04.81	10
2 Wendtland, Marissa		Carroll	1:06.08	8
3 McCauley, Peyton		St. Norbert	1:07.96	6
4 Mueller, Haidyn		St. Norbert	1:10.31	5
5 Wernicke, Teagan		St. Norbert	1:11.01	4
6 Cardinal, Hayley		Lawrence	1:11.23	3
7 Bloom, Thea		Monmouth (Ill.)	1:12.11	2
8 Holtzman, Gwen		Grinnell	1:14.84	1

**Women 3000 Meter Steeplechase****RANDOM WATERFALL START**

MEET: M 10:56.29 2015 Sam Martinez, Cornell

Name	Year	School	Finals	Points
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1 Martinez, Sanjuanita		Cornell College	10:55.07M	10
2 Young, Shannon		Grinnell	11:45.27	8
3 Wollenburg, Amy		Monmouth (Ill.)	11:47.32	6
4 Androski, Antonia		Grinnell	11:48.01	5
5 Price, Alyssa		St. Norbert	11:50.78	4
6 Walsh, Charlotte		St. Norbert	11:54.79	3
7 Parbs, Sarah		St. Norbert	11:58.16	2
8 Bloom, Thea		Monmouth (Ill.)	12:18.52	1
9 Kubica, Samantha		Grinnell	12:23.18	
10 Manchen, Jamie		Beloit	12:58.19	
11 Menegon, Erin		Carroll	13:09.50	
12 Larsen, Frances		Knox	13:12.85	
13 Lobb, Kaley		Monmouth (Ill.)	13:24.41	

**2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016****Ash Park Stadium****Results****Women 4x100 Meter Relay**

MEET: M 47.84 2014 , Monmouth			
K. Campbell, L. Hainline, B. Jackson, B. Gardner			
School		Finals	H# Points
1 Monmouth (Ill.) 'A'		49.28	2 10
1) Myers, Cynthia	2) Wollenburg, Beka		
3) Tinglin, TaShea'	4) Gardner, Briana		
2 Carroll 'A'		49.34	2 8
1) Bartel, Samantha	2) Mehlert, Kimmy		
3) Spencer, Raissa	4) Elwing, Alissa		
3 St. Norbert 'A'		49.77	2 6
1) Duff, Sarah	2) VandenHeuvel, Kyra		
3) Lang, Erin	4) Hon, Angel		
4 Beloit 'A'		51.44	2 5
1) Earley, Angie	2) Miliotis, Sophia		
3) Plautz, Jourdan	4) Heinzen, Aleeshah		
5 Cornell College 'A'		51.62	2 4
1) Franzen, Deidre	2) Strunk, Sydney		
3) Gilbert, Katie	4) Boyd, Diamond		
6 Ripon 'A'		52.73	1 3
1) Allen, Emma	2) Hiser, Lateesha		
3) Abitz, Elizabeth	4) Zeman, Nicole		
7 Grinnell 'A'		52.95	1 2
1) Bresnahan, Cara	2) Kessel, Hanna		
3) Maddaus, Jordan	4) Bresette-Buccino, Nora		
8 Knox 'A'		54.89	2 1
1) Brown, Kayla	2) Gavazzi, Sandra		
3) Oguejiofor, Chidinma	4) Varanese, Valarie		
9 Lawrence 'A'		55.75	1
1) Degnan, Janey	2) Scott, Aubrey		
3) Cardinal, Hayley	4) Hutchings, Amy		

**Women 4x400 Meter Relay**

THREE TURN STAGGER			
MEET: M 3:56.09 2014 , Grinnell			
R. Fritts, C. Ajinjeru, E. Miller, S. Burnell			
School		Finals	H# Points
1 Monmouth (Ill.) 'A'		4:00.51	2 10
1) Podosek, Joanna	2) Kosier, Isabella		
3) Myers, Cynthia	4) Gardner, Briana		
2 Cornell College 'A'		4:07.30	2 8
1) Cochrane, Emma	2) Boyd, Diamond		
3) Strunk, Sydney	4) Schnoor, Libby		
3 Carroll 'A'		4:10.64	2 6
1) Spencer, Raissa	2) Elwing, Alissa		
3) Thrams, Abby	4) Wendtland, Marissa		
4 St. Norbert 'A'		4:11.58	2 5
1) Duff, Sarah	2) VandenHeuvel, Kyra		
3) Kozlowski, Brittany	4) Jauregui, Clarissa		
5 Beloit 'A'		4:18.92	1 4
1) Waddle, Ellie	2) Pelkey, Melissa		
3) Miliotis, Sophia	4) Heinzen, Aleeshah		
6 Grinnell 'A'		4:19.43	2 3

**2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016**

**Ash Park Stadium**

**Results**

**....Women 4x400 Meter Relay**

1) Kessel, Hanna	2) Maddaus, Jordan		
3) Young, Shannon	4) Holtzman, Gwen		
7 Lawrence 'A'		4:20.77	1 2
1) Degnan, Janey	2) Cardinal, Hayley		
3) Schrobilgen, Erin	4) Hutchings, Amy		
8 Ripon 'A'		4:21.39	2 1
1) Allen, Emma	2) Abitz, Elizabeth		
3) Hiser, Lateesha	4) Zeman, Nicole		
9 Knox 'A'		4:21.98	1
1) Brown, Kayla	2) Gavazzi, Sandra		
3) Quintana-Barajas, Briana	4) Varanese, Valarie		

**Women High Jump**

MEET: M 5-08										1993 Laua Salm St. Norbert, 2015 Jenna Breaker		
Name	Year School								Finals	Points		
1 Morateck, Samantha	St. Norbert								1.60m	5-03.00	10	
	1.30	1.35	1.40	1.45	1.50	1.55	1.60	1.65				
	P	P	P	P	O	O	O	XXX				
2 Schnoor, Libby	Cornell College								1.55m	5-01.00	8	
	1.30	1.35	1.40	1.45	1.50	1.55	1.60					
	P	P	O	O	O	O	XXX					
3 Vanderlin, Nicole	St. Norbert								1.55m	5-01.00	6	
	1.30	1.35	1.40	1.45	1.50	1.55	1.60					
	P	P	O	O	XO	O	XXX					
4 Schulenberg, Madi	Monmouth (Ill.)								1.55m	5-01.00	5	
	1.30	1.35	1.40	1.45	1.50	1.55	1.60					
	P	P	O	XO	O	XO	XXX					
5 Bartel, Samantha	Carroll								1.50m	4-11.00	4	
	1.30	1.35	1.40	1.45	1.50	1.55						
	P	P	XO	O	O	XXX						
6 Brooks, Darice	Monmouth (Ill.)								1.50m	4-11.00	3	
	1.30	1.35	1.40	1.45	1.50	1.55						
	P	O	O	XXO	XXO	XXX						
7 Larson, Emmy	St. Norbert								1.45m	4-09.00	2	
	1.30	1.35	1.40	1.45	1.50							
	P	XO	O	XXO	XXX							
8 Kowalski, Vanessa	Carroll								1.40m	4-07.00	1	
	1.30	1.35	1.40	1.45								
	P	XO	XO	XXX								
-- Plautz, Jourdan	Beloit								NH			
	1.30											
	XXX											
-- Silverwood, Sierra	Grinnell								DNS			
-- Bystry, Emily	Illinois College								DNS			

**Women Pole Vault**

Event to Follow Mens Pole Vault

MEET: M 12-06.75 2011										Whitney Didier, Monmouth	
Name	Year School								Finals	Points	



**2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016****Ash Park Stadium****Results****....Women Pole Vault**

1	Tarsa, Graceanne	St. Norbert	3.20m	10-06.00	10
	2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20 3.35				
	P P P P XO O O XO XXX				
2	Vandenack, Meghan	St. Norbert	3.05m	10-00.00	8
	2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20				
	P P P O O O O XXX				
3	Simpson, Rachel	Illinois College	3.05m	10-00.00	6
	2.15 2.30 2.45 2.60 2.75 2.90 3.05 3.20				
	P P P P O O XO XXX				
4	Mickelson, Grace	St. Norbert	2.90m	9-06.25	5
	2.15 2.30 2.45 2.60 2.75 2.90 3.05				
	P P P P O O XXX				
5	McConnell, Samantha	Grinnell	2.90m	9-06.25	4
	2.15 2.30 2.45 2.60 2.75 2.90 3.05				
	P P P O XO XXO XXX				
6	Capuder, Linnae	Beloit	2.60m	8-06.25	3
	2.15 2.30 2.45 2.60 2.75				
	P O O O XXX				
7	Lobb, Brenna	Monmouth (Ill.)	2.60m	8-06.25	2
	2.15 2.30 2.45 2.60 2.75				
	O O XO O XXX				
8	Degnan, Janey	Lawrence	2.45m	8-00.50	1
	2.15 2.30 2.45 2.60				
	P XXO O XXX				
9	Kline, Shelby	Beloit	2.45m	8-00.50	
	2.15 2.30 2.45 2.60				
	O O XO XXX				
--	Lehmann, Laura	Beloit	DNS		

**Women Long Jump**

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3 Prelims, 3 Finals 9 Athletes to Finals							
MEET: M 20-10.50 2012 Missy Norville, Illinois College							
Name	Year	School	Finals	Wind	Points		
=====							
1	VandenHeuvel, Kyra	St. Norbert	5.03m	0.5	16-06.00	10	
	4.92m(-0.5) 4.77m(-0.5) FOUL 4.96m(-0.2) 5.03m(0.5) 5.03m(-0.6)						
2	Allen, Emma	Ripon	4.98m	0.9	16-04.25	8	
	4.83m(-0.7) 4.92m(-0.3) 4.86m(-1.3) 4.98m(0.9) 4.93m(-0.4) FOUL						
3	Jones, Sydney	Monmouth (Ill.)	4.98m	-0.5	16-04.25	6	
	4.75m(0.7) 4.62m(-0.7) 4.46m(-0.7) 4.80m(-0.2) 4.71m(0.5) 4.98m(-0.5)						
4	Gilbert, Katie	Cornell College	4.88m	-0.4	16-00.25	5	
	FOUL 4.80m(0.4) 4.84m(-0.5) 4.78m(0.4) FOUL 4.88m(-0.4)						
5	Morateck, Samantha	St. Norbert	4.83m	0.4	15-10.25	4	
	4.83m(0.4) 4.54m(-0.3) 4.50m(0.5) FOUL 4.50m(-0.2) 4.63m(-0.3)						
6	Boyd, Diamond	Cornell College	4.81m	0.3	15-09.50	3	
	4.61m(0.9) 4.71m(-0.5) 4.45m(+0.0) 4.40m(1.2) 4.81m(0.3) 4.58m(-0.6)						
7	Reese, Megan	Carroll	4.80m	-0.3	15-09.00	2	
	FOUL 4.70m(0.3) 4.72m(-0.4) FOUL 4.79m(0.6) 4.80m(-0.3)						
8	Brooks, Darice	Monmouth (Ill.)	4.79m	-0.2	15-08.75	1	
	4.54m(-0.4) 4.72m(-0.5) 4.57m(-1.2) 4.55m(-0.3) 4.76m(-0.4) 4.79m(-0.2)						
9	Squier, Kaitlin	Carroll	4.71m	-1.2	15-05.50		
	4.71m(-1.2) 3.89m(-0.2) 3.86m(-1.0) FOUL 4.21m(0.4) 4.45m(-0.4)						
10	Schulenberg, Madi	Monmouth (Ill.)	4.54m	-0.8	14-10.75		
	4.47m(1.0) 4.54m(-0.8) 4.54m(-0.7)						

**2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016****Ash Park Stadium****Results****...Women Long Jump**

11	Wernicke, Teagan	St. Norbert	4.52m	-0.6	14-10.00
	4.30m(-0.8)	4.52m(-0.6)	4.47m(-0.7)		
12	Heinzen, Aleeshah	Beloit	4.48m	-0.8	14-08.50
	4.13m(-0.6)	4.48m(-0.8)	4.47m(-1.1)		
13	Bresnahan, Cara	Grinnell	4.45m	-1.0	14-07.25
	4.12m(-1.0)	4.35m(-0.6)	4.45m(-1.0)		
14	Rule, Shay	Cornell College	4.34m	-1.1	14-03.00
	4.28m(-1.3)	4.34m(-1.1)	FOUL		
15	Loomis, Kate	Carroll	4.17m	0.4	13-08.25
	4.17m(0.4)	3.82m(-0.9)	3.77m(-0.9)		
16	Xu, Medy	Beloit	4.15m	-0.2	13-07.50
	3.81m(-1.5)	3.82m(-0.5)	4.15m(-0.2)		
17	Menssen, Katie	Grinnell	3.97m	-0.2	13-00.25
	3.75m(-0.6)	3.74m(0.5)	3.97m(-0.2)		
18	Earley, Angie	Beloit	3.51m	-0.9	11-06.25
	FOUL	FOUL	3.51m(-0.9)		

**Women Triple Jump**

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3 Prelims, 3 Finals 9 Athletes to Finals

Event to Follow Mens Triple Jump

MEET: M 41-01 2012 Missy Norville, Illinois College

Name	Year	School	Finals	Wind	Points	
1	Heinzen, Aleeshah	Beloit	10.93m	1.1	35-10.50	10
	10.10m(-1.6)	10.42m(1.8)	10.17m(-1.3)	10.22m(1.7)	10.82m(-0.4)	10.93m(1.1)
2	VandenHeuvel, Kyra	St. Norbert	10.81m	0.6	35-05.75	8
	9.90m(0.4)	10.67m(0.3)	10.45m(-0.4)	10.27m(0.5)	10.67m(0.4)	10.81m(0.6)
3	Jones, Sydney	Monmouth (Ill.)	10.74m	1.9	35-03.00	6
	10.31m(-0.6)	FOUL	FOUL	10.32m(0.7)	10.74m(1.9)	FOUL
4	Castellanos, Ashley	Monmouth (Ill.)	10.60m	0.5	34-09.50	5
	9.86m(-0.8)	10.15m(-0.5)	10.27m(0.4)	10.24m(-1.2)	10.55m(0.6)	10.60m(0.5)
5	Schulenberg, Madi	Monmouth (Ill.)	10.53m	0.7	34-06.75	4
	10.04m(0.9)	10.12m(-0.9)	9.73m(-0.7)	10.19m(-0.8)	9.95m(0.9)	10.53m(0.7)
6	Gilbert, Katie	Cornell College	10.37m	-0.3	34-00.25	3
	10.32m(-1.3)	10.37m(-0.3)	FOUL	10.34m(-1.8)	FOUL	10.26m(-0.5)
7	Leach, Nikki	Cornell College	10.34m	0.4	33-11.25	2
	10.34m(0.4)	10.26m(-0.3)	FOUL	9.89m(-1.8)	FOUL	9.88m(-0.3)
8	Larson, Emmy	St. Norbert	10.24m	1.2	33-07.25	1
	10.11m(0.4)	FOUL	FOUL	FOUL	10.04m(0.5)	10.24m(1.2)
9	McCauley, Peyton	St. Norbert	9.81m	-0.7	32-02.25	
	9.70m(-1.4)	FOUL	9.81m(-0.7)	FOUL	9.28m(0.7)	9.40m(1.3)
10	Squier, Kaitlin	Carroll	9.47m	-1.3	31-01.00	
	9.17m(1.8)	8.86m(-1.0)	9.47m(-1.3)			
11	Bresnahan, Cara	Grinnell	9.13m	-0.5	29-11.50	
	8.97m(1.0)	9.13m(-0.5)	FOUL			
12	Menssen, Katie	Grinnell	8.93m	2.0	29-03.75	
	8.68m(-0.5)	8.93m(2.0)	8.87m(-1.5)			
13	Brown, Abby	Carroll	8.75m	-1.0	28-08.50	
	FOUL	8.75m(-1.0)	FOUL			

**2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016****Ash Park Stadium****Results****Women Shot Put**

3 Prelims, 3 Finals 9 Athletes to Finals

MEET: M 46-10 2014 Raven Robinson, Monmouth

Name	Year	School	Finals	Points
1 Herman, Kristina		St. Norbert	13.49m 44-03.25	10
			12.50m 13.49m FOUL 12.73m 12.51m 12.22m	
2 Mendez, Lilly		Monmouth (Ill.)	12.19m 40-00.00	8
			11.41m 12.10m 12.19m 11.62m 12.12m FOUL	
3 Smith, Savanna		St. Norbert	11.89m 39-00.25	6
			FOUL FOUL 11.89m 11.26m 10.98m 11.07m	
4 Martinez, Octavia		Cornell College	11.82m 38-09.50	5
			11.62m 11.59m 11.32m 11.21m 11.24m 11.82m	
5 Kruse, Hannah		St. Norbert	11.45m 37-06.75	4
			10.86m 11.32m FOUL 11.45m 10.92m 11.15m	
6 Brewer, Larissa		Cornell College	11.35m 37-03.00	3
			11.35m 11.35m 11.27m 11.13m 11.03m 10.93m	
7 Pomeroy, Lydia		Ripon	11.15m 36-07.00	2
			11.05m 10.96m 11.15m FOUL 10.59m FOUL	
8 Weedman, Emily		Monmouth (Ill.)	11.11m 36-05.50	1
			10.02m 10.92m 10.99m 11.11m 10.84m 10.89m	
9 Heinz, MacKenzie		Illinois College	10.96m 35-11.50	
			10.96m 10.10m 10.64m 10.17m FOUL 10.18m	
10 Duffy, Taylor		Illinois College	10.90m 35-09.25	
			FOUL 10.90m FOUL	
11 Neckopulos, Alex		Grinnell	10.75m 35-03.25	
			10.51m 10.75m 10.46m	
12 Thomas, Darian		Carroll	10.58m 34-08.50	
			10.02m 10.51m 10.58m	
13 Hiser, Lateesha		Ripon	10.52m 34-06.25	
			10.23m 10.52m 10.42m	
14 Dovenmuehle, Katlyn		Carroll	10.37m 34-00.25	
			FOUL FOUL 10.37m	
15 Ellis, Taliah		Knox	10.26m 33-08.00	
			9.73m 10.26m 9.92m	
16 Lee, Alice		Knox	9.90m 32-05.75	
			9.45m 9.90m 9.86m	
17 Berube, Alea		Cornell College	9.64m 31-07.50	
			8.46m 8.14m 9.64m	
18 Davis, Erica		Monmouth (Ill.)	9.29m 30-05.75	
			FOUL FOUL 9.29m	
-- Aiello, Lauren		Illinois College	FOUL	
			FOUL FOUL FOUL	

**Women Discus Throw**

3 Prelims, 3 Finals 9 Athletes to Finals

MEET: M 161-03 2009 Tanesha Hughes, Monmouth

Name	Year	School	Finals	Points
1 Nickerson, Mallory		St. Norbert	42.42m 139-02	10
			39.15m 42.42m 36.14m 37.29m 38.17m 38.81m	
2 Smith, Savanna		St. Norbert	36.70m 120-05	8
			FOUL 33.11m 35.40m FOUL 36.14m 36.70m	
3 Martinez, Octavia		Cornell College	36.62m 120-02	6
			FOUL FOUL 36.62m 35.93m 36.21m FOUL	

**2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016****Ash Park Stadium****Results****....Women Discus Throw**

4	Herman, Kristina	St. Norbert	36.41m	119-05	5
	36.41m FOUL FOUL FOUL	34.69m 36.19m			
5	Brewer, Larissa	Cornell College	35.11m	115-02	4
	30.20m 31.51m 33.18m	35.05m 33.33m 35.11m			
6	Mendez, Lilly	Monmouth (Ill.)	34.93m	114-07	3
	33.71m FOUL 34.93m	34.45m 31.10m 31.44m			
7	Filipek, Sara	Carroll	34.64m	113-08	2
	31.81m 34.64m 33.87m	FOUL FOUL 32.59m			
8	Pomeroy, Lydia	Ripon	34.28m	112-06	1
	31.69m 31.08m 32.77m	FOUL 34.28m 33.99m			
9	Berube, Alea	Cornell College	33.13m	108-08	
	FOUL 33.13m 32.89m	FOUL FOUL 26.99m			
10	Neckopulos, Alex	Grinnell	31.82m	104-05	
	FOUL 31.82m FOUL				
11	Fritts, Jessica	Knox	31.60m	103-08	
	26.88m 27.47m 31.60m				
12	Heinz, MacKenzie	Illinois College	31.40m	103-00	
	29.06m 31.40m FOUL				
13	Duffy, Taylor	Illinois College	30.71m	100-09	
	FOUL 30.71m FOUL				
14	Weedman, Emily	Monmouth (Ill.)	28.59m	93-09	
	28.59m FOUL 22.82m				
15	Lee, Alice	Knox	28.58m	93-09	
	28.58m FOUL FOUL				
16	Davis, Erica	Monmouth (Ill.)	28.41m	93-02	
	FOUL 28.41m FOUL				
17	Thomas, Darian	Carroll	27.71m	90-11	
	27.71m 26.77m 25.11m				
18	Ellis, Taliah	Knox	25.14m	82-06	
	FOUL 25.14m FOUL				
19	Dovenmuehle, Katlyn	Carroll	24.73m	81-02	
	24.71m 24.73m FOUL				
--	Evans, Rebekah	Beloit	FOUL		
	FOUL FOUL FOUL				

**Women Hammer Throw**

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3 Prelims, 3 Finals 9 Athletes to Finals						
MEET: M 179-05 2013 Allison Devor, Monmouth						
Name	Year	School	Finals		Points	
=====						
1	Duffy, Taylor	Illinois College	48.03m	157-07	10	
	42.67m 48.03m 47.73m	46.53m FOUL 45.85m				
2	Matthews, De'Janaie	Monmouth (Ill.)	47.58m	156-01	8	
	47.46m 44.77m 44.65m	47.58m 43.62m 47.00m				
3	Pomeroy, Lydia	Ripon	47.51m	155-10	6	
	47.51m 45.81m 46.61m	FOUL 45.53m FOUL				
4	Neckopulos, Alex	Grinnell	44.84m	147-01	5	
	44.84m 44.77m 44.51m					
5	Hiser, Lateesha	Ripon	44.09m	144-08	4	
	40.77m 44.09m FOUL	42.16m FOUL FOUL				
6	Brewer, Larissa	Cornell College	42.99m	141-00	3	
	42.06m 42.98m 41.25m	40.03m 42.99m 42.05m				
7	Filipek, Sara	Carroll	41.48m	136-01	2	
	39.66m 41.48m 39.22m	40.53m 38.18m 37.65m				

**2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016**

**Ash Park Stadium**

**Results**

**....Women Hammer Throw**

8	Dovenmuehle, Katlyn	Carroll	39.72m	130-04	1
	38.96m 39.72m 38.48m FOUL 38.04m FOUL				
9	Davis, Erica	Monmouth (Ill.)	38.51m	126-04	
	37.96m FOUL FOUL 38.51m 36.22m 35.32m				
10	Fritts, Jessica	Knox	37.56m	123-03	
	37.56m 34.45m FOUL FOUL FOUL FOUL				
11	Kruse, Hannah	St. Norbert	37.28m	122-04	
	37.28m FOUL FOUL				
12	Martinez, Octavia	Cornell College	36.04m	118-03	
	32.15m FOUL 36.04m				
13	Mendez, Lilly	Monmouth (Ill.)	36.03m	118-02	
	34.97m 36.03m 35.41m				
14	Berube, Alea	Cornell College	33.75m	110-09	
	25.33m FOUL 33.75m				
15	Thomas, Darian	Carroll	31.23m	102-05	
	31.23m FOUL 28.52m				
16	Lee, Alice	Knox	28.27m	92-09	
	FOUL 28.27m 26.78m				
17	Norby, Margaret	Lawrence	27.70m	90-10	
	25.59m 27.70m FOUL				
18	Geheber, Aspen	Ripon	26.91m	88-03	
	26.91m FOUL FOUL				
19	Ellis, Taliah	Knox	21.74m	71-04	
	FOUL 20.16m 21.74m				
--	Norris, Colette	Illinois College	FOUL		
	FOUL FOUL FOUL				
--	Helmich, Rachel	Illinois College	FOUL		
	FOUL FOUL FOUL				
--	Evans, Rebekah	Beloit	DNS		

**Women Javelin Throw**

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3 Prelims, 3 Finals 9 Athletes to Finals

MEET: M 143-04 2015 Brittney Burgess, Illinois College

Name	Year	School	Finals	Points
1 Lang, Erin		St. Norbert	32.62m	107-00 10
	29.82m 32.62m 30.10m 29.98m 29.68m FOUL			
2 Schnoor, Libby		Cornell College	32.35m	106-02 8
	32.35m 31.10m 32.18m 26.46m 31.21m FOUL			
3 Dovenmuehle, Katlyn		Carroll	31.53m	103-05 6
	22.43m 26.64m 29.61m 31.53m FOUL 30.69m			
4 Boyd, Diamond		Cornell College	28.62m	93-11 5
	24.91m FOUL 28.62m 27.37m 26.23m 27.45m			
5 Castellanos, Ashley		Monmouth (Ill.)	28.50m	93-06 4
	27.88m 28.32m 28.50m 27.47m 28.44m 27.31m			
6 Gavazzi, Saundra		Knox	28.12m	92-03 3
	25.25m 28.12m 22.19m 21.51m 26.78m 22.55m			
7 Schulenberg, Madi		Monmouth (Ill.)	28.06m	92-01 2
	28.06m 27.78m FOUL FOUL FOUL 27.09m			
8 Duffy, Taylor		Illinois College	26.76m	87-09 1
	26.76m 22.61m FOUL FOUL FOUL FOUL			
9 Herman, Kristina		St. Norbert	26.68m	87-06
	26.68m FOUL 24.04m 25.55m FOUL 24.45m			

**2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016****Ash Park Stadium****Results****....Women Javelin Throw**

10 Hintz, Kaitlyn	St. Norbert	24.64m	80-10
22.20m FOUL 24.64m			
11 Davis, Erica	Monmouth (Ill.)	24.23m	79-06
23.40m 24.23m 20.11m			
12 Berube, Alea	Cornell College	23.16m	76-00
FOUL FOUL 23.16m			
13 Heinz, MacKenzie	Illinois College	22.91m	75-02
FOUL 22.56m 22.91m			
14 Bresnahan, Cara	Grinnell	22.66m	74-04
21.56m FOUL 22.66m			
15 Klehr, Hannah	Beloit	21.92m	71-11
21.07m 20.10m 21.92m			
16 Filipek, Sara	Carroll	20.85m	68-05
20.59m 19.34m 20.85m			
17 Helmich, Rachel	Illinois College	18.91m	62-00
18.91m FOUL 18.86m			
18 Norby, Margaret	Lawrence	14.80m	48-07
12.30m 14.80m 13.35m			
19 Summers, Audrey	Beloit	14.40m	47-03
12.29m 14.40m FOUL			

**Men 100 Meter Dash****Top 8 Advance by Time**

MEET: M 10.61 2007		DJ Jackson, Illinois College	
Name	Year School	Prelims	Wind H#
Preliminaries			
1 Williams, Timmy	Monmouth (Ill.)	10.82q	1.0 3
2 Parr, Adam	Monmouth (Ill.)	10.90q	2.1 2
3 O'Brien, Colin	St. Norbert	10.96q	0.4 1
4 Farnsworth, Cody	Carroll	11.20q	2.1 2
5 Merriweather, Mikal	Carroll	11.28q	2.1 2
6 Baus, Jacob	Ripon	11.31q	0.4 1
7 Hardman, Ed	Grinnell	11.32q	1.0 3 11.312
8 Ray, Austin	Monmouth (Ill.)	11.32q	1.0 3 11.316
9 Bundy, Nick	Cornell College	11.40	2.1 2 11.397
10 Spradley, Milton	Cornell College	11.40	2.1 2 11.400
11 Ofori-Boadi, Shadrack	Knox	11.45	1.0 3
12 Dorman, Jason	Beloit	11.46	0.4 1
13 Hamilton, Malik	Knox	11.47	0.4 1 11.464
14 Weigman, Adam	St. Norbert	11.47	0.4 1 11.469
15 Mherete, Mherete	Ripon	11.48	1.0 3
16 Brath, Andrew	St. Norbert	11.62	0.4 1
17 Kruzan, Brian	Illinois College	11.72	2.1 2
18 Holmes, Martwain	Knox	11.79	1.0 3
19 Rybolt, Caleb	Illinois College	11.86	1.0 3
20 Endrina, Brenden	Beloit	12.03	2.1 2
21 Walker, Jake	Lawrence	12.15	2.1 2
22 Smith, Tyree	Beloit	12.24	0.4 1
23 Gowdy-Jaehnig, Bjorn	Lawrence	12.71	0.4 1

**2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016****Ash Park Stadium****Results****Men 100 Meter Dash**

MEET: M 10.61 2007 DJ Jackson, Illinois College					
Name	Year	School	Finals	Wind	Points
Finals					
1 Williams, Timmy		Monmouth (Ill.)	10.79	1.2	10
2 Parr, Adam		Monmouth (Ill.)	10.85	1.2	8
3 O'Brien, Colin		St. Norbert	10.98	1.2	6
4 Farnsworth, Cody		Carroll	11.20	1.2	5
5 Merriweather, Mikal		Carroll	11.21	1.2	4
6 Baus, Jacob		Ripon	11.29	1.2	3
7 Ray, Austin		Monmouth (Ill.)	11.42	1.2	2
8 Hardman, Ed		Grinnell	11.45	1.2	1

**Men 200 Meter Dash****Top 8 Advance by Time**

MEET: M 21.36 2007 Dante Daniels, Monmouth					
Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Grandlic, Ryan		St. Norbert	21.88q	0.7	1
2 Parr, Adam		Monmouth (Ill.)	22.07q	3.7	3
3 Williams, Timmy		Monmouth (Ill.)	22.24q	0.7	1
4 Newbold, Husani		Cornell College	22.50q	1.1	2
5 Hall, Ian		Ripon	22.51q	1.4	4
6 Livingston, Austin		St. Norbert	22.52q	3.7	3
7 Baus, Jacob		Ripon	22.54q	1.1	2
8 Wilson, James		Monmouth (Ill.)	22.57q	1.4	4
9 Merriweather, Mikal		Carroll	22.58	0.7	1
10 Peifer, Brett		Illinois College	22.73	1.1	2
11 Hardman, Ed		Grinnell	22.76	1.1	2
12 Malafa, Trezher Njoh		Knox	22.80	1.4	4
13 Marusic, Samuel		Carroll	23.11	0.7	1
14 O'Brien, Colin		St. Norbert	23.12	3.7	3 23.112
15 Spradley, Milton		Cornell College	23.12	0.7	1 23.118
16 Janca, Mitchel		Carroll	23.12	3.7	3 23.119
17 Hamilton, Malik		Knox	23.16	1.1	2
18 Mherete, Mherete		Ripon	23.45	1.4	4
19 Kruzan, Brian		Illinois College	23.77	1.4	4
20 Rybolt, Caleb		Illinois College	23.99	1.1	2
21 Ofori-Boadi, Shadrack		Knox	24.02	3.7	3 24.014
22 Westrich, Jake		Beloit	24.28	3.7	3
23 Walker, Jake		Lawrence	24.42	1.4	4
24 Walker, Dewight		Beloit	24.66	1.4	4
25 Fuelling, Chris		Lawrence	25.43	3.7	3
26 Dorman, Jason		Beloit	25.80	0.7	1
27 Gowdy-Jaehnig, Bjorn		Lawrence	26.09	1.1	2

**Men 200 Meter Dash**

MEET: M 21.36 2007 Dante Daniels, Monmouth					
Name	Year	School	Finals	Wind	Points
Finals					
1 Wilson, James		Monmouth (Ill.)	21.38	2.3	10

**2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016****Ash Park Stadium****Results****....Men 200 Meter Dash**

2	Parr, Adam	Monmouth (Ill.)	21.56	2.3	8	
3	Grandlic, Ryan	St. Norbert	21.76	2.3	6	
4	Newbold, Husani	Cornell College	22.07	2.3	5	
5	Williams, Timmy	Monmouth (Ill.)	22.29	2.3	4	
6	Hall, Ian	Ripon	22.66	2.3	3	22.653
7	Baus, Jacob	Ripon	22.66	2.3	2	22.656
8	Livingston, Austin	St. Norbert	22.68	2.3	1	

**Men 400 Meter Dash****Top 8 Advance by Time**

MEET: M 46.75 2010 Luke Reschke, Monmouth

Name	Year	School	Prelims	H#
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**Preliminaries**

1	Grandlic, Ryan	St. Norbert	48.26q	2
2	Gregory, Jon	St. Norbert	48.58q	1
3	Reschke, Ethan	Monmouth (Ill.)	48.60q	3
4	Lewis, Tyler	St. Norbert	48.87q	1
5	Hall, Ian	Ripon	49.31q	2
6	Wilson, James	Monmouth (Ill.)	49.80q	4
7	Trainor, Matthew	Monmouth (Ill.)	50.29q	4
8	Janca, Mitchel	Carroll	50.46q	3
9	Peifer, Brett	Illinois College	50.96	4
10	Silvia, Colton	Grinnell	50.97	3
11	Sommerville, Donnye	Knox	51.32	3
12	Marusic, Samuel	Carroll	51.43	2
13	Hamilton, Malik	Knox	51.96	1
14	Rieke, Jaxon	Illinois College	52.21	2
15	Malafa, Trezher Njoh	Knox	52.29	1
16	Klobucar, Jack	Beloit	52.45	4
17	Proby, Jordan	Cornell College	52.58	4
18	Herman, Tyler	Lawrence	52.63	4
19	Westrich, Jake	Beloit	53.13	3
20	Fuelling, Chris	Lawrence	54.19	2
21	Anding, Parker	Ripon	54.59	1
22	Berry, Stephon	Lawrence	55.50	1
23	Horan, Cole	Cornell College	56.28	2

**Men 400 Meter Dash**

MEET: M 46.75 2010 Luke Reschke, Monmouth

Name	Year	School	Finals	Points
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**Finals**

1	Grandlic, Ryan	St. Norbert	47.99	10
2	Wilson, James	Monmouth (Ill.)	48.25	8
3	Lewis, Tyler	St. Norbert	48.56	6
4	Reschke, Ethan	Monmouth (Ill.)	48.58	5
5	Hall, Ian	Ripon	49.88	4
6	Gregory, Jon	St. Norbert	50.67	3
7	Janca, Mitchel	Carroll	50.96	2
8	Trainor, Matthew	Monmouth (Ill.)	51.17	1



**2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016****Ash Park Stadium****Results****Men 800 Meter Run**

ONE TURN STAGGER

MEET: M 1:52.94 1981 Dave Green, Chicago

Name	Year	School	Finals	H#	Points
1 Kolacia, Nate		Grinnell	1:53.45	3	10
2 Marton, Grant		Carroll	1:54.79	3	8
3 Allen, Michael		Ripon	1:55.06	3	6
4 Livingston, Austin		St. Norbert	1:55.44	3	5
5 Luedtke, Nick		Ripon	1:57.37	3	4
6 Gniot, Ethan		Lawrence	1:59.41	2	3
7 Van De Wostine, Bryent		Monmouth (Ill.)	1:59.62	3	2
8 Anderson, Kevin		Grinnell	1:59.75	3	1
9 Barnes, Zachary		Knox	1:59.85	3	
10 Klobucar, Jack		Beloit	2:00.03	3	
11 Crail, Nathaniel		Grinnell	2:00.81	3	
12 Wicker, Mason		Cornell College	2:01.21	2	
13 Daughtry, David		Ripon	2:02.49	3	
14 Yoggerst, Zach		Illinois College	2:02.50	3	
15 Essak, Mayan		Lawrence	2:03.29	2	
16 Farrenkopf, Dan		Carroll	2:04.15	2	
17 Ruud, Erik		Monmouth (Ill.)	2:05.59	1	
18 Beckford, Sean		Beloit	2:06.61	2	
19 Serrano, John		Carroll	2:06.66	2	
20 Murphy, Matt		Illinois College	2:07.41	2	
21 Hosto, Ben		Knox	2:10.50	1	
22 Gregory, Zachary		Knox	2:11.57	1	
23 McDermott, Matthew		Cornell College	2:12.88	1	
24 Mahkormov, Khusrav		Beloit	2:16.02	1	
25 Hallgren, Henry		Cornell College	2:22.38	1	

**Men 1500 Meter Run**

RANDOM WATERFALL START

MEET: M 3:53.06 2005 Zach Barr, Monmouth

Name	Year	School	Finals	H#	Points
1 Kolacia, Nate		Grinnell	3:59.05	2	10
2 DeGroot, Kieran		Carroll	4:00.98	2	8
3 Marton, Grant		Carroll	4:01.68	2	6
4 Wilson, Caleb		Cornell College	4:06.35	2	5
5 Luedtke, Nick		Ripon	4:08.19	2	4
6 Davies, Cam		Lawrence	4:08.37	2	3
7 Gabriel, Cuyler		Cornell College	4:09.65	2	2
8 Lennon, John		Grinnell	4:10.39	2	1
9 Bach, Austin		Cornell College	4:11.41	2	
10 Essak, Mayan		Lawrence	4:12.79	2	
11 Crail, Nathaniel		Grinnell	4:13.69	2	
12 Arkes, Dan		Beloit	4:19.22	2	
13 Yoggerst, Zach		Illinois College	4:21.56	2	
14 Beecher, Corey		Ripon	4:21.87	2	
15 Beckford, Sean		Beloit	4:26.62	1	
16 Sundberg, Jacob		Carroll	4:29.00	2	
17 Murphy, Matt		Illinois College	4:30.43	1	
18 Rico, Jonathan		Knox	4:35.56	1	
19 Mahkormov, Khusrav		Beloit	4:47.58	1	

**2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016****Ash Park Stadium****Results****....Men 1500 Meter Run**

-- Cole, Brian	Knox	DNS	1
-- Gilmore, Joseph	Knox	DNS	1

**Men 5000 Meter Run**

## =====

RANDOM WATERFALL START

MEET: M 14:42.44 1980 Doug Simpson, Carleton

Name	Year	School	Finals	Points
1 Dalton, Adam		Grinnell	15:42.27	10
2 Bach, Austin		Cornell College	15:45.84	8
3 Wilson, Caleb		Cornell College	15:46.09	6
4 McLean, Anthony		Grinnell	15:48.35	5
5 Gray, Jacob		Beloit	15:51.55	4
6 Lennon, John		Grinnell	15:53.95	3
7 Janusiak, Josh		Lawrence	15:56.42	2
8 Pauley, Cooper		Monmouth (Ill.)	16:06.98	1
9 Arkes, Dan		Beloit	16:16.32	
10 Heiple, Tate		Monmouth (Ill.)	16:17.39	
11 Edwards, Max		Lawrence	16:24.36	
12 Joerres, Adam		Carroll	16:27.01	
13 Schaefer, Ben		Lawrence	16:28.33	
14 Lindsay, Josh		Cornell College	16:29.25	
15 Torres, Alberto		Beloit	16:31.13	
16 Jordan, Isaac		Carroll	16:34.84	
17 Paige, Weston		Ripon	16:39.56	
18 Wittmershaus, Jacob		St. Norbert	16:42.64	
19 Sundberg, Jacob		Carroll	16:46.80	
20 Reigh, Dan		St. Norbert	16:52.95	
21 Beecher, Corey		Ripon	16:58.13	
22 Behling, Ben		St. Norbert	17:12.50	
23 Blackley, Shane		Illinois College	17:49.92	
24 Pierson, Andrew		Ripon	18:14.97	
25 Woolley, James		Knox	18:48.68	

**Men 10000 Meter Run**

## =====

RANDOM WATERFALL START

MEET: M 30:46.24 1981 Mike Axinn, Chicago

Name	Year	School	Finals	Points
1 Dalton, Adam		Grinnell	32:46.06	10
2 Janusiak, Josh		Lawrence	33:03.62	8
3 McLean, Anthony		Grinnell	33:18.03	6
4 Torres, Alberto		Beloit	33:27.04	5
5 Gray, Jacob		Beloit	33:39.64	4
6 Pauley, Cooper		Monmouth (Ill.)	33:50.79	3
7 Schaefer, Ben		Lawrence	33:54.11	2
8 Cole, Brian		Knox	34:00.25	1
9 Gray, Jay		Monmouth (Ill.)	34:59.45	
10 Heiple, Tate		Monmouth (Ill.)	35:02.68	
11 Christen, Taylor		Cornell College	35:07.29	
12 Bass, Stewart		Grinnell	35:10.01	
13 Joerres, Adam		Carroll	35:10.57	
14 Beardsley, Adam		Beloit	35:51.41	

**2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016****Ash Park Stadium****Results****....Men 10000 Meter Run**

15	Behling, Ben	St. Norbert	35:56.93
16	Gilmore, Joseph	Knox	36:22.87
17	Blackley, Shane	Illinois College	37:17.81
18	Tobin, Brady	Cornell College	37:44.71
19	Ginell, Garrett	Cornell College	38:04.83
20	Hosto, Ben	Knox	38:15.42
21	Pierson, Andrew	Ripon	39:12.75

**Men 110 Meter Hurdles****Top 8 Advance by Time**

MEET: M 14.33 2012		Justin Johnson, St. Norbert				
Name	Year	School	Prelims	Wind	H#	
Preliminaries						
1	Holmes, Payton	Monmouth (Ill.)	14.98q	-0.2	2	
2	Gentzler, Vaughn	Monmouth (Ill.)	15.12q	0.1	1	
3	Gutierrez, Jose	Beloit	15.40q	0.1	1	
4	Boockmeier, Brad	St. Norbert	15.69q	0.1	1	
5	Van Sadlers, Chris	Carroll	15.91q	-0.2	2	
6	O'Connor, Carl	Monmouth (Ill.)	16.19q	0.1	1	
7	Feuerstein, Jack	St. Norbert	16.31q	-0.2	2	
8	Butler, Daniel	St. Norbert	16.51q	-0.2	2	
9	Kisch, Sean	Illinois College	17.13	-0.2	2	
10	Sandacz, Dan	Lawrence	17.24	0.1	1	
11	Peterson, Todd	Ripon	17.85	-0.2	2	
12	Kreiser, Matt	Beloit	18.28	0.1	1	
13	Salinas, Sammy	Illinois College	19.99	-0.2	2	

**Men 110 Meter Hurdles**

MEET: M 14.33 2012		Justin Johnson, St. Norbert				
Name	Year	School	Finals	Wind	Points	
Finals						
1	Gentzler, Vaughn	Monmouth (Ill.)	14.74	2.7	10	
2	Gutierrez, Jose	Beloit	14.81	2.7	8	
3	Van Sadlers, Chris	Carroll	15.68	2.7	6	
4	Boockmeier, Brad	St. Norbert	15.71	2.7	5	
5	Holmes, Payton	Monmouth (Ill.)	15.88	2.7	4	
6	O'Connor, Carl	Monmouth (Ill.)	16.04	2.7	3	
7	Feuerstein, Jack	St. Norbert	16.20	2.7	2	
8	Butler, Daniel	St. Norbert	17.79	2.7	1	

**Men 400 Meter Hurdles****Top 8 Advance by Time**

MEET: M 51.75 2011		Logan Hohl, Monmouth			
Name	Year	School	Prelims	H#	
Preliminaries					
1	Gutierrez, Jose	Beloit	56.03q	1	
2	Van Sadlers, Chris	Carroll	56.55q	1	
3	Gentzler, Vaughn	Monmouth (Ill.)	56.90q	2	
4	Holmes, Payton	Monmouth (Ill.)	57.90q	2	

**2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016****Ash Park Stadium****Results****....Men 400 Meter Hurdles**

5	Feuerstein, Jack	St. Norbert	58.86q	1
6	O'Connor, Carl	Monmouth (Ill.)	59.28q	2
7	Kreiser, Matt	Beloit	1:00.21q	1
8	Roll, Cody	St. Norbert	1:00.30q	2
9	Gallagher, John	Grinnell	1:00.90	1
10	Sandacz, Dan	Lawrence	1:01.01	2
11	Butler, Daniel	St. Norbert	1:01.61	1
12	Braun, Jonathan	Grinnell	1:01.68	2
13	Peterson, Todd	Ripon	1:03.31	1
14	Salinas, Sammy	Illinois College	1:04.87	2

**Men 400 Meter Hurdles**

MEET: M 51.75 2011 Logan Hohl, Monmouth

Name	Year	School	Finals	Points	
Finals					
1		Gutierrez, Jose	Beloit	55.62	10
2		Gentzler, Vaughn	Monmouth (Ill.)	56.14	8
3		Holmes, Payton	Monmouth (Ill.)	57.69	6
4		Kreiser, Matt	Beloit	57.74	5
5		O'Connor, Carl	Monmouth (Ill.)	59.69	4
6		Feuerstein, Jack	St. Norbert	59.94	3
7		Roll, Cody	St. Norbert	1:00.69	2
8		Van Saders, Chris	Carroll	1:04.00	1

**Men 3000 Meter Steeplechase**

RANDOM WATERFALL START

MEET: M 9:08.31 2005 Zach Barr, Monmouth

Name	Year	School	Finals	Points	
1		DeGroot, Kieran	Carroll	9:35.95	10
2		Sundberg, Jacob	Carroll	9:41.87	8
3		Reigh, Dan	St. Norbert	9:54.00	6
4		Stoll, Zachary	Cornell College	9:54.67	5
5		Wittmershaus, Jacob	St. Norbert	10:02.97	4
6		Horan, Tucker	Cornell College	10:04.38	3
7		Bland, Tyler	Monmouth (Ill.)	10:05.41	2
8		Torres, Alberto	Beloit	10:17.12	1
9		Atkins, Jordan	Lawrence	10:23.03	
10		Jensen, Joshua	Grinnell	10:36.76	
11		Kortenhof, Teddy	Lawrence	10:47.20	
12		Engen, Carl-Lars	Beloit	10:50.27	
13		Conrardy, Ryan	Cornell College	10:52.64	
14		Allsop, Brandon	Monmouth (Ill.)	11:00.19	
15		Mundell, Lex	Grinnell	11:03.59	
16		Healey, Aidan	Grinnell	11:07.09	
--		Davies, Cam	Lawrence	DQ	RAN OFF TRACK

**2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016****Ash Park Stadium****Results****Men 4x100 Meter Relay**

MEET: M 41.24 2014 , Monmouth

A. Parr, E. Brown, K. Green, J. Wilson

School	Finals	H#	Points
1 Monmouth (Ill.) 'A'	41.70	2	10
1) Williams, Timmy	2) Trainor, Matthew		
3) Parr, Adam	4) Wilson, James		
2 St. Norbert 'A'	42.34	2	8
1) Lewis, Tyler	2) O'Brien, Colin		
3) Gregory, Jon	4) Grandlic, Ryan		
3 Illinois College 'A'	43.18	2	6
1) Kruzan, Brian	2) Peifer, Brett		
3) Rybolt, Caleb	4) Aiello, Dominic		
4 Knox 'A'	43.41	2	5
1) Ofori-Boadi, Shadrack	2) Hamilton, Malik		
3) Holmes, Martwain	4) Malafa, Trezher Njoh		
5 Carroll 'A'	43.42	2	4
1) Farnsworth, Cody	2) Merriweather, Mikal		
3) Marusic, Samuel	4) Harter, Austin		
6 Cornell College 'A'	43.49	2	3
1) Newbold, Husani	2) MacDowell, Blake		
3) Spradley, Milton	4) Proby, Jordan		
7 Ripon 'A'	43.62	2	2
1) Baus, Jacob	2) Hall, Ian		
3) Mherete, Mherete	4) Silloway, Nathan		
8 Beloit 'A'	44.56	1	1
1) Kreiser, Matt	2) Gutierrez, Jose		
3) Walker, Dewight	4) Dorman, Jason		
9 Grinnell 'A'	44.65	1	
1) Hardman, Ed	2) Braun, Jonathan		
3) Ogasawara, Ibuki	4) Silvia, Colton		
10 Lawrence 'A'	46.38	1	
1) Herman, Tyler	2) Berry, Stephon		
3) Hetcher, Wes	4) Walker, Jake		

**Men 4x400 Meter Relay**

THREE TURN STAGGER

MEET: M 3:15.47

2009 Monmouth, 2015 Monmouth

School	Finals	H#	Points
1 St. Norbert 'A'	3:22.86	2	10
1) Gregory, Jon	2) Livingston, Austin		
3) Grandlic, Ryan	4) Lewis, Tyler		
2 Carroll 'A'	3:24.02	2	8
1) Janca, Mitchel	2) Merriweather, Mikal		
3) Marusic, Samuel	4) Marton, Grant		
3 Ripon 'A'	3:24.06	2	6
1) Baus, Jacob	2) Allen, Michael		
3) Daughtry, David	4) Hall, Ian		
4 Cornell College 'A'	3:24.25	2	5
1) Newbold, Husani	2) Bundy, Nick		
3) Berube, Ethan	4) MacDowell, Blake		
5 Illinois College 'A'	3:25.03	2	4
1) Rieke, Jaxon	2) Aiello, Dominic		





**2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016****Ash Park Stadium****Results****Men Long Jump**

3 Prelims, 3 Finals 9 Athletes to Finals

Event to Follow Women's Long Jump

MEET: M 24-03 2009 DJ Jackson, Illinois College

Name	Year	School	Finals	Wind	Points
1 Wilson, James		Monmouth (Ill.)	6.97m	0.3	22-10.50 10
			6.72m(0.7) 6.80m(-0.3) 6.97m(0.3) FOUL		FOUL FOUL FOUL
2 MacDowell, Blake		Cornell College	6.61m	0.4	21-08.25 8
			5.97m(0.3) 6.00m(0.3) 6.37m(0.5) 6.16m(0.5) 6.40m(0.6) 6.61m(0.4)		
3 Ray, Austin		Monmouth (Ill.)	6.50m	0.4	21-04.00 6
			FOUL 6.13m(-0.8) 6.15m(0.3) 6.41m(0.5) 6.21m(0.5) 6.50m(0.4)		
4 Boockmeier, Brad		St. Norbert	6.20m	0.4	20-04.25 5
			FOUL 6.20m(0.4) FOUL FOUL FOUL 6.16m(0.3)		
5 Schlichter, Kevin		St. Norbert	6.14m	0.8	20-01.75 4
			5.97m(0.4) 6.02m(0.5) 6.14m(0.8) 5.83m(0.7) 5.98m(0.6) 6.02m(0.5)		
6 Peifer, Brett		Illinois College	6.11m	-0.5	20-00.50 3
			6.11m(-0.5) 6.03m(1.0) 5.84m(0.6) 6.02m(0.4) PASS		PASS
7 Some, Anaanou		Ripon	6.07m	0.8	19-11.00 2
			5.82m(0.3) 5.79m(0.4) 6.00m(0.3) 5.77m(0.3) FOUL		6.07m(0.8)
8 Hall, Ian		Ripon	6.06m	-0.4	19-10.75 1
			5.93m(0.3) 5.87m(0.3) 6.06m(-0.4) PASS		PASS PASS
9 Harris, Caleb		Illinois College	6.04m	0.8	19-09.75
			FOUL 6.04m(0.8) 5.92m(0.3) 6.01m(0.3) FOUL		6.03m(0.7)
10 Harter, Austin		Carroll	6.01m	0.6	19-08.75
			FOUL FOUL 6.00m(0.6) FOUL 5.90m(0.4) 6.01m(0.6)		
11 Albi, Mike		Monmouth (Ill.)	5.93m	-0.4	19-05.50
			5.93m(-0.4) 5.93m(-0.4) FOUL		
12 Lemens, Tyler		St. Norbert	5.80m	0.4	19-00.50
			FOUL 5.80m(0.4) FOUL		
13 Hardman, Ed		Grinnell	5.74m	0.3	18-10.00
			FOUL 5.71m(-0.5) 5.74m(0.3)		
14 Buechner, Max		Carroll	5.47m	0.3	17-11.50
			5.47m(0.3) 4.83m(0.3) FOUL		
15 Walker, Dewight		Beloit	5.44m	0.8	17-10.25
			5.38m(-0.3) 5.44m(0.8) 5.41m(0.3)		
16 Westrich, Jake		Beloit	5.44m	0.3	17-10.25
			5.44m(0.3) 5.31m(0.5) 5.41m(-0.3)		
17 Felker, Randy		Carroll	5.25m	0.5	17-02.75
			4.96m(-0.3) 5.25m(0.5) 5.16m(0.4)		
18 Whiting, Kaleb		Cornell College	4.88m	0.4	16-00.25
			4.87m(0.4) FOUL 4.88m(0.4)		

**Men Triple Jump**

3 Prelims, 3 Finals 9 Athletes to Finals

MEET: M 48-10.25 1982 Chuck Meyer, Coe

Name	Year	School	Finals	Wind	Points
1 Wilson, James		Monmouth (Ill.)	14.03m	-0.9	46-00.50 10
			FOUL FOUL 14.03m(-0.9) PASS		PASS PASS
2 Some, Anaanou		Ripon	13.22m	-1.0	43-04.50 8
			12.98m(0.3) 13.22m(-1.0) 13.22m(-1.7) FOUL		12.59m(1.0) 12.72m(-1.2)
3 Trainor, Matthew		Monmouth (Ill.)	12.83m	-0.5	42-01.25 6
			12.36m(-0.5) 12.72m(1.2) 12.71m(-1.1) 12.14m(-0.8) FOUL		12.83m(-0.5)



**2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016****Ash Park Stadium****Results****....Men Triple Jump**

4	Fisher, Jordan	Monmouth (Ill.)	12.60m	0.4	41-04.25	5
	12.05m(0.5)	12.40m(0.6)	12.38m(-0.4)	12.60m(0.4)	12.28m(1.1)	12.20m(-0.8)
5	Harris, Caleb	Illinois College	12.49m	-0.9	40-11.75	4
	FOUL	FOUL	12.42m(+0.0)	FOUL	FOUL	12.49m(-0.9)
6	Buechner, Max	Carroll	12.38m	-0.6	40-07.50	3
	FOUL	12.38m(-0.6)	FOUL	11.99m(-0.8)	FOUL	12.18m(-0.3)
7	Walker, Dewight	Beloit	12.23m	-0.7	40-01.50	2
	11.35m(-0.4)	11.63m(-1.1)	12.23m(-0.7)	11.58m(-2.2)	11.49m(-1.0)	11.89m(1.0)
8	Ogasawara, Ibuki	Grinnell	12.03m	-0.6	39-05.75	1
	11.84m(0.6)	11.98m(-0.9)	12.01m(-0.8)	11.24m(-1.9)	11.33m(-1.1)	12.03m(-0.6)
9	Harter, Austin	Carroll	12.02m	-1.7	39-05.25	
	FOUL	FOUL	11.95m(2.4)	PASS	11.97m(0.7)	12.02m(-1.7)
10	Grandlic, Ryan	St. Norbert	11.76m	0.8	38-07.00	
	11.76m(0.8)	11.74m(-1.1)	PASS			
11	Peterson, Todd	Ripon	11.64m	-0.9	38-02.25	
	11.54m(1.0)	11.64m(-0.9)	11.64m(-1.2)			
12	Lemens, Tyler	St. Norbert	11.58m	-0.6	38-00.00	
	FOUL	11.58m(-0.6)	FOUL			
13	Heschke, Travis	St. Norbert	11.48m	0.5	37-08.00	
	11.40m(-1.1)	FOUL	11.48m(0.5)			

**Men Shot Put**

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3 Prelims, 3 Finals 9 Athletes to Finals							
MEET: M 54-10 2014 Zach Beek, Ripon							
Name	Year School			Finals	Points		
=====							
1	Maurer, Logan	Ripon		16.30m	53-05.75	10	
	FOUL	FOUL	15.29m	16.19m	16.30m	FOUL	
2	Zilaitis, Charles	Cornell College		16.18m	53-01.00	8	
	15.01m	15.50m	16.18m	15.93m	FOUL	FOUL	
3	Stockwell, Brady	Ripon		15.49m	50-10.00	6	
	14.74m	FOUL	14.26m	14.93m	15.49m	FOUL	
4	Boockmeier, Brad	St. Norbert		15.03m	49-03.75	5	
	15.03m	FOUL	13.66m	14.30m	14.34m	FOUL	
5	DiBenedetto, Dominic	St. Norbert		14.56m	47-09.25	4	
	FOUL	14.56m	FOUL	FOUL	FOUL	FOUL	
6	Stelter-Hogh, Frank	Ripon		14.29m	46-10.75	3	
	13.16m	14.01m	13.40m	14.28m	14.29m	13.90m	
7	Broyles, Evan	St. Norbert		14.25m	46-09.00	2	
	FOUL	14.17m	14.25m	13.75m	FOUL	13.85m	
8	McGlauchlen, Brennan	Knox		14.02m	46-00.00	1	
	13.14m	13.16m	14.02m	13.47m	13.58m	13.83m	
9	Nance, Kyle	Illinois College		13.92m	45-08.00		
	13.56m	FOUL	FOUL	13.41m	FOUL	13.92m	
10	May, Jakob	Cornell College		13.07m	42-10.75		
	FOUL	13.07m	13.01m				
11	Shannon, Lee	Carroll		12.89m	42-03.50		
	12.78m	12.89m	12.35m				
12	Stillwell, Ben	Monmouth (Ill.)		12.69m	41-07.75		
	12.16m	12.43m	12.69m				
13	Deushane, Nathan	Illinois College		12.51m	41-00.50		
	FOUL	FOUL	12.51m				
14	Straughan, Jackson	Lawrence		12.19m	40-00.00		
	11.50m	11.96m	12.19m				

**2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016****Ash Park Stadium****Results****....Men Shot Put**

15	Burger, Ben	Monmouth (Ill.)	12.07m	39-07.25
	12.07m 12.05m 11.90m			
16	Hagen, Josh	Cornell College	12.01m	39-05.00
	FOUL FOUL 12.01m			
17	Hong, Paul	Lawrence	9.99m	32-09.50
	9.22m 9.99m FOUL			
18	Revai, Dakotah	Beloit	9.41m	30-10.50
	9.41m PASS PASS			
19	Geraghty, Jimmy	Lawrence	9.36m	30-08.50
	9.32m 8.63m 9.36m			
20	Strawbridge, Michael	Beloit	8.60m	28-02.75
	8.60m 8.34m 8.44m			
--	Taylor, Brenden	Beloit	FOUL	
	FOUL FOUL FOUL			
--	Hintz, John	Monmouth (Ill.)	FOUL	
	FOUL FOUL FOUL			
--	Roller, John	Illinois College	FOUL	
	FOUL FOUL FOUL			
--	Paul, Jacob	Knox	DNS	

**Men Discus Throw**

3 Prelims, 3 Finals 9 Athletes to Finals

MEET: M 166-04 1977

Ron Wopat

Name	Year	School	Finals	Points
1	Roller, John	Illinois College	45.55m	149-05 10
	FOUL 41.99m 39.24m 45.55m 43.83m FOUL			
2	Stockwell, Brady	Ripon	44.94m	147-05 8
	44.94m FOUL 43.84m 42.58m 41.73m FOUL			
3	Broyles, Evan	St. Norbert	44.90m	147-04 6
	44.90m 41.61m 42.24m 41.37m 41.00m 39.81m			
4	Zilaitis, Charles	Cornell College	44.42m	145-09 5
	42.87m 44.42m 42.61m 42.97m FOUL FOUL			
5	Hintz, John	Monmouth (Ill.)	44.27m	145-03 4
	42.11m 44.27m FOUL 43.88m FOUL 38.82m			
6	Stelter-Hogh, Frank	Ripon	42.06m	138-00 3
	36.47m 42.06m 40.15m FOUL FOUL FOUL			
7	Deushane, Nathan	Illinois College	42.05m	137-11 2
	37.63m 37.88m 42.05m 39.88m 39.60m FOUL			
8	Nance, Kyle	Illinois College	41.99m	137-09 1
	FOUL 41.99m FOUL FOUL FOUL FOUL			
9	Maurer, Logan	Ripon	41.85m	137-04
	39.11m 41.85m FOUL 41.02m FOUL FOUL			
10	Shannon, Lee	Carroll	39.88m	130-10
	36.51m 37.66m 39.88m			
11	Ballweg, Jacob	St. Norbert	38.52m	126-04
	38.52m FOUL FOUL			
12	King, Nathan	St. Norbert	38.28m	125-07
	34.10m FOUL 38.28m			
13	Sullens, Zane	Monmouth (Ill.)	37.07m	121-07
	37.07m FOUL FOUL			
14	Evans, Colton	Monmouth (Ill.)	36.22m	118-10
	36.22m 34.01m 35.37m			

**2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016****Ash Park Stadium****Results****....Men Discus Throw**

15 Szyszka, Ken	Carroll	35.11m	115-02
33.88m 34.14m 35.11m			
16 Taylor, Brenden	Beloit	34.81m	114-02
34.81m FOUL FOUL			
17 Revai, Dakotah	Beloit	34.46m	113-01
FOUL FOUL 34.46m			
18 McGlauchlen, Brennan	Knox	34.11m	111-11
32.33m 34.11m FOUL			
19 Hagen, Josh	Cornell College	33.91m	111-03
FOUL 33.91m FOUL			
20 Gustafson, Jack	Grinnell	32.21m	105-08
29.75m 32.21m 31.49m			
21 Page, James	Grinnell	30.56m	100-03
30.56m FOUL 27.29m			
22 Manikham, Andrew	Carroll	29.98m	98-04
26.84m FOUL 29.98m			
23 Hong, Paul	Lawrence	27.32m	89-07
FOUL 26.59m 27.32m			
24 Strawbridge, Michael	Beloit	22.72m	74-06
FOUL 22.72m FOUL			
25 Geraghty, Jimmy	Lawrence	20.88m	68-06
20.88m FOUL 18.71m			
-- Straughan, Jackson	Lawrence	FOUL	
FOUL FOUL FOUL			
-- Paul, Jacob	Knox	DNS	

**Men Hammer Throw**

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3 Prelims, 3 Finals 9 Athletes to Finals							
MEET: M 191-10 2012 Adam Sellner, Ripon							
Name	Year	School	Finals		Points		
=====							
1 Stelter-Hogh, Frank		Ripon	53.15m	174-04	10		
50.79m 52.02m 51.07m 52.78m 53.15m FOUL							
2 Zilaitis, Charles		Cornell College	52.01m	170-08	8		
50.56m 52.01m 49.70m 48.20m 49.20m FOUL							
3 Burger, Ben		Monmouth (Ill.)	49.83m	163-06	6		
48.25m 49.83m 49.04m FOUL 46.08m 49.21m							
4 Hintz, John		Monmouth (Ill.)	48.65m	159-07	5		
48.65m 47.68m 47.77m 45.83m 45.42m FOUL							
5 Roller, John		Illinois College	48.61m	159-06	4		
46.98m 48.61m 48.08m 48.50m FOUL 46.91m							
6 McGlauchlen, Brennan		Knox	47.97m	157-04	3		
45.23m 46.55m 46.65m 47.97m FOUL FOUL							
7 Sullens, Zane		Monmouth (Ill.)	46.85m	153-08	2		
FOUL 46.85m 46.29m 43.22m 43.14m 41.95m							
8 May, Jakob		Cornell College	46.56m	152-09	1		
44.02m FOUL 44.83m 43.56m 46.13m 46.56m							
9 Revai, Dakotah		Beloit	45.88m	150-06			
FOUL 45.88m 44.34m FOUL 45.07m FOUL							
10 Broyles, Evan		St. Norbert	44.73m	146-09			
43.71m 44.73m 44.52m							
11 Straughan, Jackson		Lawrence	44.30m	145-04			
44.30m 43.61m 43.57m							

**2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016****Ash Park Stadium****Results****....Men Hammer Throw**

12 Shannon, Lee	Carroll	44.02m	144-05
43.35m 43.73m 44.02m			
13 Szyszka, Ken	Carroll	42.31m	138-10
39.76m 42.31m 39.48m			
14 Deushane, Nathan	Illinois College	40.08m	131-06
38.04m FOUL 40.08m			
15 Taylor, Brenden	Beloit	38.38m	125-11
38.38m FOUL FOUL			
16 Davis, Ryan	Grinnell	34.50m	113-02
32.44m 33.99m 34.50m			
17 Gustafson, Jack	Grinnell	34.37m	112-09
32.10m 31.81m 34.37m			
18 Hagen, Josh	Cornell College	34.04m	111-08
FOUL 33.02m 34.04m			
19 Page, James	Grinnell	33.92m	111-03
31.42m 33.92m 33.82m			
20 Manikham, Andrew	Carroll	31.91m	104-08
FOUL FOUL 31.91m			
21 Geraghty, Jimmy	Lawrence	30.78m	101-00
30.78m FOUL FOUL			
22 Hong, Paul	Lawrence	27.17m	89-02
27.17m 24.58m 25.74m			
-- Stockwell, Brady	Ripon	FOUL	
FOUL FOUL FOUL			
-- Paul, Jacob	Knox	DNS	

**Men Javelin Throw**

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3 Prelims, 3 Finals 9 Athletes to Finals							
MEET: M 198-03 1992 Dave Hillis, Monmouth							
Name	Year	School				Finals	Points
=====							
1 Bess, Brant		Illinois College				56.86m	186-06 10
55.32m 54.71m 48.93m	51.15m	56.86m	FOUL				
2 Boockmeier, Brad		St. Norbert				53.04m	174-00 8
45.50m 44.23m 48.55m	39.53m	47.09m	53.04m				
3 Elston, Don		Illinois College				50.77m	166-07 6
47.55m 50.77m FOUL	40.60m	40.40m	44.53m				
4 Stelter-Hogh, Frank		Ripon				49.48m	162-04 5
47.05m 48.06m 49.48m	FOUL	FOUL	FOUL				
5 Grandlic, Ryan		St. Norbert				48.44m	158-11 4
47.10m 45.59m 48.44m	PASS	PASS	PASS				
6 Zilaitis, Charles		Cornell College				46.72m	153-03 3
FOUL 42.07m 45.30m	46.72m	FOUL	45.48m				
7 Page, James		Grinnell				46.19m	151-06 2
43.63m 40.55m 44.71m	44.81m	46.19m	43.71m				
8 Brown, Raheem		Monmouth (Ill.)				45.19m	148-03 1
45.19m 42.03m 44.61m	44.90m	40.55m	43.48m				
9 Straughan, Jackson		Lawrence				44.66m	146-06
44.66m 39.28m 39.18m	44.48m	41.55m	40.27m				
10 Stahl, Max		Lawrence				43.24m	141-10
43.24m 38.78m 42.19m							
11 Kreiser, Matt		Beloit				43.23m	141-10
39.49m 43.23m FOUL							

**2016 Midwest Conference Championships - 5/13/2016 to 5/14/2016****Ash Park Stadium****Results****....Men Javelin Throw**

12 Hetcher, Wes	Lawrence	42.32m	138-10
40.52m 37.92m 42.32m			
13 Revai, Dakotah	Beloit	40.79m	133-10
39.91m FOUL 40.79m			
14 Sullens, Zane	Monmouth (Ill.)	40.66m	133-05
35.50m 40.66m 35.96m			
15 Manikham, Andrew	Carroll	40.45m	132-08
38.48m 40.45m 39.04m			
16 May, Jakob	Cornell College	40.31m	132-03
38.99m 39.13m 40.31m			
17 Stockwell, Brady	Ripon	39.96m	131-01
39.96m FOUL 38.14m			
18 Whiting, Kaleb	Cornell College	39.73m	130-04
39.73m 37.89m FOUL			
19 Some, Anaanou	Ripon	39.10m	128-03
37.39m 39.10m FOUL			
20 Lewis, Tyler	St. Norbert	38.26m	125-06
FOUL FOUL 38.26m			
21 Zimmerman, Ty	Carroll	37.55m	123-02
32.52m 37.55m 35.51m			
22 Gustafson, Jack	Grinnell	37.23m	122-02
37.23m 32.92m 33.62m			
23 Fisher, Jordan	Monmouth (Ill.)	36.48m	119-08
36.48m 35.75m 34.52m			
24 McGlauchlen, Brennan	Knox	36.38m	119-04
FOUL 32.76m 36.38m			
25 Strawbridge, Michael	Beloit	29.46m	96-08
26.79m 29.35m 29.46m			

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Women - Team Rankings - 20 Events Scored

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1) St. Norbert	236	2) Monmouth (Ill.)	144
3) Cornell College	131	4) Carroll	77
5) Grinnell	58	6) Ripon	48
7) Beloit	46	8) Illinois College	18
9) Knox	16	10) Lawrence	6

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Men - Team Rankings - 20 Events Scored

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1) Monmouth (Ill.)	193	2) St. Norbert	129.50
3) Ripon	94	4) Cornell College	81
5) Carroll	75.50	6) Grinnell	66
7) Illinois College	64	8) Beloit	45
9) Lawrence	20	10) Knox	12