

GOING TO THE AMERICAN TROPICS?

MOSQUITOES spread **DENGUE,**
CHIKUNGUNYA,
ZIKA, and
other diseases



Mosquitoes bite day and night.
Prevent mosquito bites:

- Use insect repellent
- Use air conditioning or window/door screens
- Wear long-sleeved shirts and long pants



DON'T LET MOSQUITOES RUIN YOUR TRIP

For more information, visit www.cdc.gov/travel



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention