April 27, 2017

Dear parents, students, faculty and staff,

This notice is to inform you that a case of mumps has been confirmed at St. Norbert College. St. Norbert College Health & Wellness Services and the De Pere and Brown County Health Departments have confirmed that the person is isolated and will be in isolation until not infectious. They have also identified close contacts who may have been exposed.

With this case on campus, it is important to take this opportunity to review your immunization status to be sure you have received 2 doses of MMR. If you cannot find your immunization record, contact your physician or local health department. If you determine that you have not received both doses of MMR and have no other evidence of immunity, we strongly encourage you to contact your physician, local health department or St. Norbert College Health & Wellness Services to schedule an appointment for an immunization.

Mumps is an infection caused by the mumps virus. The most common symptoms are fever, headache, muscle aches, tiredness and loss of appetite, followed by onset of swollen and tender salivary glands under the ears. Symptoms typically appear within 25 days of exposure. It is important to monitor yourself for these symptoms in the coming weeks, even if you have had the MMR vaccine.

Anyone who is not immune can get mumps. It is spread by droplets from the nose or throat of an infected person, usually when a person coughs or sneezes. The disease can also be spread when infected persons do not wash their hands before touching surfaces that other people may subsequently touch. For this reason, it is important to remember proper hand washing.

There is no specific treatment for mumps. Mumps vaccine (usually in combination with measles, mumps and rubella – MMR) is the best protection from mumps.

If you develop symptoms suggestive of mumps, or have questions, please call your health care provider, St. Norbert College Health & Wellness Services, or your local health department. If symptoms develop, please stay at home – and avoid school, work or social activities until mumps has been ruled out.

For more information, visit: https://www.dhs.wisconsin.gov/publications/p4/p42110.pdf-0

Sincerely,

Chrystal Woller, BSN, RN
Sr. Director of Health and Wellness Services
St. Norbert College

Debbie Armbuster, BSN RN
Health Officer/Director
De Pere Health Department