



**BELLIN HEALTH
FITNESS MEMBERSHIP
SEE ALL THAT WE HAVE
TO OFFER.**

Bellin Health Fitness is a one-of-a-kind facility dedicated to your health. Getting started is easy with our team of experts who are focused on your total fitness and wellness needs. Find your fit, meet new friends, improve your health and be in the best shape of your life!

Fitness Programs & Services

- New Member Consultation
- Free Group Fitness Classes
- Personal Training and Specialty Classes
- Free Monthly Newsletter
- Free Pain & Injury Assessment

New Member Orientation

With your new membership, you will receive a one-on-one orientation with a certified personal trainer who will guide you through the importance and benefits of cardio training, strength machines and functional exercises. This brief overview will include the purpose, proper form and the benefit of the exercises.

Monthly Corporate Membership Rates

- Adult Individual\$35
- Family\$55
- Family memberships include any two adults (married or unmarried) and any dependent children up to age 25 living at the same address
- Scholarships are available to those who are not able to pay the full membership/program fee based on their demonstrated ability to pay.

Hours of Operation

Bellin Health Fitness Ashwaubenon
1630 Commanche Avenue, Green Bay
920.430.4756

Monday - Friday | 5 am - 8 pm
Saturday and Sunday | 630 am - 2 pm

Bellin Health Fitness Bellevue
3263 Eaton Road, Green Bay
920.433.6756

Monday - Thursday | 5 am - 8 pm,
Friday | 5 am - 7 pm
Saturday and Sunday | 630 am - 2 pm

Bond Community Center
1201 Park Avenue, Oconto
920.834.5585

Call for days and times

Finding Your Fit.