

# Cleanings & Exams

*DO NOT APPLY towards annual maximum on Tier 1 only*

- ✦ Your CarePlus Dental Plan **includes two (2) cleanings and exams every year.**
- ✦ The cost of cleanings and exams **no longer counts toward your Annual Dental Plan Maximum.**
- ✦ Your CarePlus Dental Plan now has **more dollars available for other dental services.**
- ✦ Your regular six month cleanings will help your dentist determine if you have any concerns that should be addressed. They may take **x-rays, check your bite, inspect your gums or use advanced dental devices to comprehensively examine your mouth.** If needed, the dentist can provide the necessary follow-up care.
- ✦ To maintain the best oral health, it's recommended to **see a dentist at least twice a year.**
- ✦ **Regular visits are crucial** to your oral health and overall wellness.
- ✦ Regular visits **make life easier** and **address any potential issues early.**