



How does your smile score?

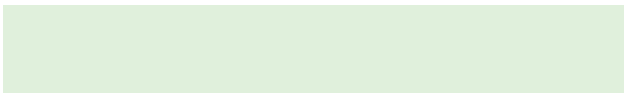
Follow the instructions below to complete your oral health score risk assessment.

The condition of your oral health can impact the state of your overall health. Take the **myDentalScore** online assessment and see how your smile scores. Learn about your oral health and your personal oral health risks. Then print off your report to discuss with your dentist. *Please note: none of your protected health information (PHI) is ever shared, and the survey can be taken anonymously.*

how to complete

Have your Delta Dental subscriber number available when completing the oral health risk assessment. It will help you access your assessment to print or update it in the future.

1. Enter the following link into your web browser:



2. Click on “Estimate My Dental Scores” to begin your assessment. Follow the instructions provided.
3. Complete all three sets of questions related to teeth, gum, and oral cancer risk.
4. Once completed, you can print the report or record your report number so you can easily access it in the future.



Discuss your results with your dentist at your next appointment