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| --- | --- | --- | --- | --- | --- | --- |
| ­Ty­­­pe of care | | | | | Wait time | Cost\*\* |
|  | Retail clinic/convenient care clinic  Retail clinics, sometimes called convenient care clinics, are located in retail stores, supermarkets and pharmacies. | | | | **15 minutes**  or less, on average | ­ **$50**-**$100** Approximate cost per service­ |
| **When to go\***   * Colds or flu * Sinus infections * Allergies | * Vaccinations or screenings * Minor sprains, burns or rashes * Headaches or sore throats | | |
|  | Urgent care/walk-in clinic  Urgent care centers, sometimes called walk-in clinics, are often open in the evenings and on weekends. | | | | **20-30 minutes**  Approximate  wait time | **$150 -$200** Average cost |
| **When to go\***   * Sprains and strains * Mild asthma attacks * Sore throats | | * Minor broken bones or cuts * Minor infections or rashes * Earaches | |
|  | Clinical care (your doctor’s office)  Seeing your doctor is important. Your doctor knows your medical history and any ongoing health conditions.  **When to go\***   * Preventive services and vaccinations * Medical problems or symptoms that are not an immediate, serious threat to your health or life | | | | **1 week or more** Approximate wait time for an appointment | **$100-$150**  Average cost |
| ­Ty­­­pe of care | | | | | Wait time | Cost\*\* |
|  | Emergency room (ER)  Visit the ER only if you are badly hurt. If you are not seriously ill or hurt, you could wait hours and your health plan may not cover non-emergency ER visits. | | | | **3 to 12 hours**  Approximate  wait time for  non-critical cases | **$1,200-$1,500**  Average cost |
| **When to go\***   * Sudden change in vision * Sudden weakness or trouble talking * Large, open wounds * Difficulty breathing * Severe head injury | | | * Heavy bleeding * Spinal injuries * Chest pain * Major burns * Major broken bones |