Tobacco-Free at SNC



Education Session

Tobacco-Free Task Force Members



- Tom Doughman, Counseling and Psychological Services
- Chrystal Woller, Health & Wellness Services

- Sue Brinkman, Human Resources
- Brittany Vossen, SPARK Student Worker

Why a Tobacco-Free Policy?

For Public Health

- Create a healthier environment for everyone who comes to SNC to study, work or visit.
- ⇒ Care for one another
- Provides motivation for tobacco users to get the help they need to quit for good, if they so choose.

Why a Tobacco-Free Policy?

To Implement Best Practice Policy









UNIVERSITY OF River Falls

MARIAN UNIVERSITY





UW-STOUT

High Level Overview of Task Force Planning & Actions

Fall 2017- Spring 2018

- Education and feedback from students @ SNC social events
- Student survey ACHA
- ✓ Grant funding received (ALA)
- Met with SGA to educate & discuss
- ✓ Garnered feedback from SNC students in focus groups
- ✓ Sent faculty/staff survey (HR)
- ✓ SGA formally supports tobacco-free policy
- Education and Q/A at Staff Association

Summer 2018

- Presented efforts to the PC and recommended approval of a campus wide tobacco-free policy
- Discussed implementation logistics with Auxiliary Services
- ✓ Returned to the PC for final approval
 - Approval for Tobacco-Free Policy to be implemented January 2, 2019
- Additional grant funding received for policy implementation
- ✓ September 4, 2018 Formal Email Announcement re: Policy

A Closer Look at the SGA Endorsement

St. Norbert College prides itself on a strong tradition of promoting the health of the individual in mind, body, and soul. The College makes a concerted effort to create and maintain the best possible environment for the pursuit of health and wellness on its campus. The Student Government Association supports the effort to create a healthier campus for all students by endorsing a smoke-free campus policy. Cigarette smoking creates a hazardous and bothersome environment for many around its source. The Student Government Association believes the goal of this initiative is not to police personal health choices, but rather to aid the College in its effort to make a healthier, happier, and more inclusive environment for all to enjoy. The Student Government Association looks forward to thoughtful questions and healthy discussion on this topic in the weeks to come.

Peace,

Danny Wilson (March, 2018)

SNC will be 100% Tobacco-Free as of 1/2/2019

- ✓ A look at the approved policy
- ✓ Review FAQ document
 - Enforcement
 - Suggested use map
- Disposal of cigarette butts, smoking materials or any other garbage is strictly prohibited

Cessation Resources

For Students

- Medical management: H&WS
 - ⇒ RN consult
 - Rx: Advance Provider
- Cessation counseling
 - ⇒ CAPS
- ⇒ WI Quitline
 - 2 weeks of free OTC cessation products

For Faculty/Staff

- Medical management: H&WS
 - ⇒ RN consult
 - ⇒ Rx: Advance Provider
- ⇒ Health Plan
 - ▷ Cessation Products
 - ⇒ \$zero cost to employee (either plan)
- Cessation Counseling
 - ⇒ EAP
- ⇒ WI Quitline
 - 2 weeks of free OTC cessation products

Task Force Priorities (Now Until January)...

- Continue Campus Education Sessions
- Receive and Seek Additional Grant Funding
- Plan and Coordinate Urn Removal & Signage with Facilities
- Coordinate with Campus Safety to Educate Neighborhood Association on New Policy
- ✓ Update Policy Language
 - Employee Handbook
 - The Citizen
 - Website Language
- Monitor and Evaluate Policy Implementation

Want to Be Involved? Please Contact Us...



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Questions or Comments?



CHANGING PERCEPTION.